

2025

(1) ♦ = Events shown in Emerald Room AND Channel 1981

(2) Fitness Trifecta {8:15 a.m. Total Body Fitness; 9 a.m. Posture and Balance and 10 a.m. Seated Zumba Gold}

(3) **Bold** indicates an off-Campus event or special notice. Underlined indicates notable event.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



EH Meeting Spaces and Room Key:
EMR Emerald Room
AVR Avondale Room
SAM Sammamish Room
PAV Pavilion = (EMR+SAM+AVR)
CAS Creative Arts Studio
TAH Tahoma Room
BR Board Room
CS Coffee Shop
LR Living Room
FS Fitness Studio
C&H Copper & Hook
TV Exclusively on Channel 1981

Corwin Center:
AL GR AL Game Room
AL TV AL TV Room
AL L AL Library/Lounge
GR Great Room

Outdoor Spaces:
PP Pavilion Plaza
SQ Sequoia Square
RR Garden Railroad

TBD = Location To Be Determined.
Check Portal, Daily Schedule, and Channel 1981 for most up-to-date event information

<p>8:15 a.m. Fitness Trifecta, TV 1 11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR 4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV 2 9 a.m. Monday Painters, CAS 10 a.m. Depart: Grocery Shopping 10 a.m. Residents' Association Review, AVR <u>10:30 a.m. Holy Family School Flag Day Celebration, EMR</u> <u>1 p.m. Pride Flag Raising, SQ</u> 1:30 p.m. Depart: Pickleball, Redmond 2 p.m. DEI Event Planning Mtg, AVR 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV 3 10:30 a.m. <i>Keeping Our Spirits Up</i>, TV 11 a.m. Technology Committee Mtg., SAM 1 p.m. Tuesday Crafters, CAS 1 p.m. Alzheimer's and Dementia Caregiver Support, SAM 1:30 p.m. Readers' Theatre, TAH <u>2 p.m. Driving: Is it for you?, EMR</u></p>	<p>8:15 a.m. Fitness Trifecta, TV 4 9:30 a.m. Writing Class, TAH 10 a.m. EH Trains are Running, RR 10 a.m. Garden Railroad, CAS 10 a.m. Lawn Bowling, Bowling Green 11:30 a.m. Community Prayer, Chapel 11:30 a.m. Lunch & Learn, Rainier DR 1 p.m. Mahjong, TAH 1 p.m. Food Services Committee, Fireside DR 2 p.m. Depart: Costco Shopping, Redmond 2 p.m. Cribbage, Atrium P3 3:30 p.m. Folk Dance for Everyone, FS 4 p.m. Trailside Social, AVR & SAM 6 p.m. UW Goldsen Institute Series, TV 6:30 p.m. Depart: Village Theatre, Issaquah 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV 5 10:30 a.m. Bible Study, SAM 10:30 a.m. Evergreen Speech and Hearing, TAH 1 p.m. Tech Help, LR 1 p.m. Furniture Sale: Preview, 4th Floor Furniture Room 2 p.m. Ukulele Chorus Rehearsal, AVR 2 p.m. Health Services Review, TAH 2:30 p.m. Residents' Council Study Session, SAM 6:30 p.m. Depart: Masterworks: Hayden, Seattle</p>	<p>8:15 a.m. Fitness Trifecta, TV 6 9 a.m. Furniture Sale, 4th Floor Furniture Room 10 a.m. Thrift Shop 10 a.m. Catholic Communion Service, AVR 10 a.m. Depart: Grocery Shopping 10 a.m. Scrabble, TAH 1 p.m. Grant's Live Chat, EMR♦ 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, AVR & SAM 6:30 p.m. Depart: Meany Center, Seattle</p>	<p>8:15 a.m. Fitness Trifecta, TV 7 9 a.m. <u>Daughters of the Revolution, EMR</u> 10 a.m. Lawn Bowling, Bowling Green 10 a.m. Furniture Sale: Pickup and Half-off, 4th Floor Furniture Room 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS</p>
--	--	---	---	---	--	--

• Hopelink "End Summer Hunger" Fundraiser •

<p>8:15 a.m. Fitness Trifecta, TV 8 11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR 1 p.m. Depart: Driftwood Theatre, Edmonds 4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV 9 9 a.m. Monday Painters, CAS 10 a.m. Depart: Grocery Shopping 1 p.m. Depart: Bellevue Square Shopping, Bellevue 1:30 p.m. Depart: Pickleball, Redmond <u>2 p.m. Monday Matinee, EMR</u> 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV 10 9 a.m. KCLS Library to Go, TAH 10:30 a.m. Residents' Council Meeting, PAV♦ 1 p.m. Tuesday Crafters, CAS 2:30 p.m. Trips and Events Committee Mtg., SAM 4 p.m. Atrium E Social, Atrium E 7 p.m. Bunco Night, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV 11 9:30 a.m. Writing Class, AVR 10 a.m. Garden Railroad, CAS 10 a.m. Resident Services Review, TAH 10 a.m. Lawn Bowling, Bowling Green 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Cribbage, Atrium P3 2 p.m. Depart: PCC Shopping, Redmond 3:30 p.m. Folk Dance for Everyone, FS 4 p.m. Courtyard B Social, PP 6 p.m. UW Goldsen Institute Series, TV 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV 12 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 1 p.m. The Good Life Book Club, AVR 1:30 p.m. EH Quilters, CAS 2 p.m. Focus on Fitness, EMR 3:00 p.m. Fund Development Committee Mtg., AL GR 4 p.m. Atrium P3 Social, Atrium P3 4 p.m. Atrium H3 Social, Atrium H3 6:45 p.m. Movie, TV 7 p.m. All That Jazz Group, AVR 7 p.m. Poker, CAS</p>	<p>8 a.m. Depart: Hike: Tradition Lake, Issaquah 13 8:15 a.m. Fitness Trifecta, TV 10 a.m. Catholic Communion Service, AVR 10 a.m. Depart: Grocery Shopping 10 a.m. Scrabble, TAH <u>11 a.m. DEI-DIY, PP (backup: CAS)</u> 1 p.m. Depart: Edmonds Art Festival, Edmonds 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, AVR & SAM</p>	<p>8:15 a.m. Fitness Trifecta, TV 14 10 a.m. Lawn Bowling, Bowling Green 12:30 p.m. Depart: The Fifth Avenue: Bye, Bye Birdie, Seattle 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS</p>
--	---	---	---	--	--	--

2025

(1) ♦ = Events shown in Emerald Room AND Channel 1981

(2) Fitness Trifecta {8:15 a.m. Total Body Fitness; 9 a.m. Posture and Balance and 10 a.m. Seated Zumba Gold}

(3) **Bold** indicates an off-Campus event or special notice. Underlined indicates notable event.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:15 a.m. Fitness Trifecta, TV 15</p> <p>11 a.m. EH Trains are Running, RR</p> <p>11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR</p> <p>4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV 16</p> <p>9 a.m. Monday Painters, CAS</p> <p>10 a.m. Bonsai Group, SAM</p> <p>10 a.m. Depart: Grocery Shopping</p> <p>10:30 a.m. VR Group Experience, AVR</p> <p>1 p.m. Women's Caregiver Connect, SAM</p> <p>1 p.m. Depart: H Mart and Mayuri International Foods, Redmond</p> <p>1:30 p.m. Depart: Pickleball, Redmond</p> <p><u>2 p.m. King County Long-Term Care Ombudsman Program, EMR</u></p> <p>6:30 p.m. Duplicate Bridge, AVR</p> <p>6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV 17</p> <p>10 a.m. Dining Services Review, C&H</p> <p>1 p.m. Tuesday Crafters, CAS</p> <p>1:30 p.m. Readers' Theatre, TAH</p> <p>3 p.m. Kamp Karaoke, C&H</p>	<p>8:15 a.m. Fitness Trifecta, TV 18</p> <p>9:30 a.m. Writing Class, TAH</p> <p>10 a.m. Garden Railroad, CAS</p> <p>10 a.m. Lawn Bowling, Bowling Green</p> <p>11:30 a.m. Community Prayer, Chapel</p> <p>1 p.m. Mahjong, TAH</p> <p>1:30 p.m. Parkinson's Support, SAM</p> <p>2 p.m. Cribbage, Atrium P3</p> <p><u>2 p.m. What Matters Most for Your Health, EMR♦</u></p> <p>2 p.m. Depart: Costco Shopping, Redmond</p> <p>3 p.m. Birders & Naturalists, AVR</p> <p>3:30 p.m. Folk Dance for Everyone, FS</p> <p>4 p.m. Atrium H1 Social, Atrium H1</p> <p>6 p.m. UW Goldsen Institute Series, TV</p> <p>6:30 p.m. Depart: Village Theatre, Issaquah</p> <p>6:45 p.m. Shanghai Rummy, AVR</p> <p>7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV 19</p> <p>9 a.m. Buildings & Grounds Mtg., BR</p> <p>9:30 a.m. NuMotion, TAH</p> <p><u>10 a.m. 3rd Annual Bonsai Showcase (Day 1), PP</u></p> <p>10:30 a.m. Bible Study, SAM</p> <p>1 p.m. Tech Help, LR</p> <p>2 p.m. Ukulele Chorus Rehearsal, AVR</p> <p>4 p.m. Cloud 9 Social, PP</p>	<p>8:15 a.m. Fitness Trifecta, TV 20</p> <p>10 a.m. Catholic Communion Service, AVR</p> <p>10 a.m. Depart: Grocery Shopping</p> <p>10 a.m. Scrabble, TAH</p> <p><u>10 a.m. 3rd Annual Bonsai Showcase (Day 2), PP</u></p> <p>1:15 p.m. Depart: Lunch Bunch Outing, Redmond</p> <p>2:30 p.m. Hand & Foot Canasta, TAH</p> <p>3 p.m. Education for Enjoyment, AVR & SAM</p> <p>7:30 p.m. June Birthday Celebration, EMR♦</p>	<p>8:15 a.m. Fitness Trifecta, TV 21</p> <p>10 a.m. Lawn Bowling, Bowling Green</p> <p>1 p.m. Depart: Village Theatre, Issaquah</p> <p>2 p.m. Mexican Train & Easy Cards, Easy Games, CAS</p> <p>6:45 p.m. Movie, TV</p>
<p>8:15 a.m. Fitness Trifecta, TV 22</p> <p>11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR</p> <p>4 p.m. Worship with Chaplain Waltner, EMR</p> <p>4 p.m. Depart: Washington Wind Symphony, Bellevue</p>	<p>8:15 a.m. Fitness Trifecta, TV 23</p> <p>9 a.m. Monday Painters, CAS</p> <p>10 a.m. Depart: Grocery Shopping</p> <p>1:30 p.m. Depart: Pickleball, Redmond</p> <p><u>2 p.m. Beach Ball Bingo, EMR</u></p> <p>6:30 p.m. Duplicate Bridge, AVR</p> <p>6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV 24</p> <p>10 a.m. Marketing Review, TAH</p> <p>10:30 a.m. Health and Wellness Committee, AVR</p> <p>1 p.m. Tuesday Crafters, CAS</p> <p><u>2 p.m. Mount St. Helens: The Last 50+ Years, EMR</u></p> <p>4 p.m. Atrium P1 Social, Atrium P1</p>	<p>8:15 a.m. Fitness Trifecta, TV 25</p> <p>9:30 a.m. Writing Class, AVR</p> <p>10 a.m. Garden Railroad, CAS</p> <p>10 a.m. Accounting Review, TAH</p> <p>10 a.m. Lawn Bowling, Bowling Green</p> <p>10 a.m. Men's Caregiver Connect, SAM</p> <p>11:30 a.m. Fitness & Sport Committee, AVR</p> <p>11:30 a.m. Community Prayer, Chapel</p> <p>1 p.m. Mahjong, TAH</p> <p>2 p.m. Cribbage, Atrium P3</p> <p><u>2 p.m. Support Groups Presentation, EMR</u></p> <p>3:30 p.m. Folk Dance for Everyone, FS</p> <p>6:45 p.m. Shanghai Rummy, AVR</p> <p>7 p.m. Pinochle, TAH</p> <p><u>7 p.m. Performance on the Plaza: Janet Rayor, PP</u></p>	<p>8:15 a.m. Fitness Trifecta, TV 26</p> <p>10:30 a.m. Bible Study, SAM</p> <p>1 p.m. Tech Help, LR</p> <p>1 p.m. Knitwits, Atrium E</p> <p>3 p.m. Table Talks, EMR</p> <p>7 p.m. Poker, CAS</p>	<p>8:15 a.m. Fitness Trifecta, TV 27</p> <p>10 a.m. Catholic Mass, AVR</p> <p>10 a.m. Depart: Walk: Discovery Park Loop, Seattle</p> <p>10 a.m. Depart: Grocery Shopping</p> <p>10 a.m. Scrabble, TAH</p> <p>11 a.m. Episcopal Service, Chapel</p> <p>1 p.m. Depart: Brew Pub Trip, Mountlake Terrace</p> <p><u>1 p.m. Campus Circle Pride Walk, LR</u></p> <p>2:30 p.m. Hand & Foot Canasta, TAH</p> <p>3 p.m. Education for Enjoyment, AVR & SAM</p> <p>4:45 p.m. Last Friday Social, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV 28</p> <p>10 a.m. Lawn Bowling, Bowling Green</p> <p>2 p.m. Mexican Train & Easy Cards, Easy Games, CAS</p> <p><u>7 p.m. Enhancement Fund Drive Kick-Off, PAV</u></p>
<p>8:15 a.m. Fitness Trifecta, TV 29</p> <p>11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR</p> <p>4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV 30</p> <p>9 a.m. Monday Painters, CAS</p> <p>10 a.m. Thrift Shop Collection, TAH</p> <p>10 a.m. Depart: Grocery Shopping</p> <p>1:30 p.m. Depart: Pickleball, Redmond</p> <p>2 p.m. DEI Committee Mtg., AVR</p> <p>5:15 p.m. Depart: T-Mobile Park: Mariners v. Kansas City Royals, Seattle</p> <p>6:30 p.m. Duplicate Bridge, AVR</p> <p>6:45 p.m. Great Courses, TV</p>					