

2025

(1) ♦ = Events shown in Emerald Room AND Channel 1981

(2) Fitness Trifecta {8:15 a.m. Total Body Fitness; 9 a.m. Posture and Balance and 10 a.m. Seated Zumba Gold}

(3) **Bold** indicates an off-Campus event or special notice. Underlined indicates notable event.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



EH Meeting Spaces and Room Key:

- EMR Emerald Room
- AVR Avondale Room
- SAM Sammamish Room
- PAV Pavilion = (EMR+SAM+AVR)
- CAS Creative Arts Studio
- TAH Tahoma Room
- BR Board Room
- CS Coffee Shop
- LR Living Room
- FS Fitness Studio
- C&H Copper & Hook
- TV Exclusively on Channel 1981

Corwin Center:

- AL GR AL Game Room
- AL TV AL TV Room
- AL L AL Library/Lounge
- GR Great Room

Outdoor Spaces:

- PP Pavilion Plaza
- SS Sequoia Square

TBD = Location To Be Determined.

Check for Daily Schedule and slides on Channel 1981 & Events Calendar on the Portal for the most current information.

		<p>8:15 a.m. Fitness Trifecta, TV 1 11 a.m. Technology Committee Mtg., SAM 1 p.m. Tuesday Crafters, CAS 1 p.m. Alzheimer's and Dementia Caregiver Support, SAM <u>1 p.m. BelPres Church Town Hall, EMR</u> 1:30 p.m. Readers' Theatre, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV 2 10 a.m. Garden Railroad, CAS 11:30 a.m. Community Prayer, Chapel 11:30 a.m. Lunch & Learn, Rainier Dining Room 1 p.m. Mahjong, TAH 1 p.m. Food Services Committee, AVR 2 p.m. Cribbage, Atrium P3 3:30 p.m. Folk Dance for Everyone, FS 4 p.m. Trailside Social, AVR & SAM 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH <u>7 p.m. Mardi Gras Entertainment, EMR</u></p>	<p>8:15 a.m. Fitness Trifecta, TV 3 10:30 a.m. Bible Study, SAM 10:30 a.m. Evergreen Speech and Hearing, TAH 1 p.m. Tech Help, LR 2 p.m. Ukulele Chorus Rehearsal, AVR 2 p.m. Health Services Review, TAH 2:30 p.m. Residents' Council Study Session, BR 6:30 p.m. Depart: Masterworks, Rachmaninov, Seattle</p>	<p>8:15 a.m. Fitness Trifecta, TV 4 8:15 a.m. Tai Chi, SAM 10 a.m. Thrift Shop 10 a.m. Catholic Communion Service, AVR 10 a.m. Depart: Grocery Shopping 10 a.m. Scrabble, TAH 1 p.m. Grant's Live Chat, EMR♦ 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, AVR & SAM 4:30 p.m. Depart: Sebi's Kitchen, Seattle</p>	<p>8:15 a.m. Fitness Trifecta, TV 5 10 a.m. Craft & Connect, CAS 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS</p>
<p>8:15 a.m. Fitness Trifecta, TV 6 11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR 1:15 p.m. Depart: Washington Wind Symphony, Redmond 4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV 7 9 a.m. Monday Painters, CAS 10 a.m. Depart: Grocery Shopping 10 a.m. Residents' Association Review, AVR 1:30 p.m. Depart: Pickleball, Redmond 2 p.m. DEI Event Planning Mtg, AVR 2 p.m. Monday Matinee: <i>Historian Lorrain McConaghy</i>, EMR 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV 8 9 a.m. KCLS Library to Go, TAH 10 a.m. Sweety's Painting Class, CAS 10:30 a.m. Residents' Council Meeting, PAV♦ 1 p.m. Tuesday Crafters, CAS 1 p.m. David Smith: Themes in Philosophy, EMR 2:30 p.m. Trips and Events Committee Mtg., SAM 4 p.m. Atrium E Social, Atrium E 7 p.m. Bunco Night, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV 9 10 a.m. Garden Railroad, CAS 10 a.m. Resident Services Review, TAH <u>11 a.m. OnSite Derm. Presentation, EMR</u> 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Depart: Costco Shopping, Redmond 2 p.m. Cribbage, Atrium P3 <u>2 p.m. The Key: Steps to Safety, EMR</u> 3:30 p.m. Folk Dance for Everyone, FS 4 p.m. Journey Towards Easter: <i>Stations of Lent</i>, SAM & AVR 4 p.m. Depart: Happy Hour Trip, Redmond 6:30 p.m. Depart: Village Theatre, Issaquah 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV 10 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 1 p.m. The Good Life Book Club, AVR 1:30 p.m. EH Quilters, CAS <u>2 p.m. Focus on Fitness, EMR</u> 4 p.m. Atrium P3 Social, Atrium P3 4 p.m. Atrium H3 Social, Atrium H3 6:45 p.m. Movie, TV 7 p.m. All That Jazz Group, AVR 7 p.m. Poker, CAS</p>	<p>8:15 a.m. Fitness Trifecta, TV 11 8:15 a.m. Tai Chi, SAM 10 a.m. Depart: Fitness Walk: Seward Park Loop, Seattle 10 a.m. Catholic Communion Service, AVR 10 a.m. Depart: Grocery Shopping 10 a.m. Scrabble, TAH 1 p.m. Depart: Pacific Bonsai Museum, Federal Way 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, AVR & SAM</p>	<p>8:15 a.m. Fitness Trifecta, TV 12 10 a.m. Craft & Connect, CAS 1 p.m. Depart: Village Theatre, Issaquah 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:15 a.m. Fitness Trifecta, TV 13</p> <p>11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR</p> <p>4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV 14</p> <p>9 a.m. Monday Painters, CAS</p> <p>10 a.m. Depart: Grocery Shopping</p> <p>1:30 p.m. Depart: Pickleball, Redmond</p> <p><u>1 p.m. Cultural Fair, PAV</u></p> <p>1 p.m. Depart: University of Washington: Seismology Lab Tour, Seattle</p> <p>4 p.m. CY Social, AVR & SAM</p> <p>6:30 p.m. Duplicate Bridge, AVR</p> <p>6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV 15</p> <p>10 a.m. Dining Services Review, C&H</p> <p><u>10 a.m. Rise and Dine Brunch, PAV</u></p> <p>1 p.m. Tuesday Crafters, CAS</p> <p>1:30 p.m. Readers' Theatre, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV 16</p> <p>10 a.m. Garden Railroad, CAS</p> <p>10:30 a.m. Communications Committee, AVR</p> <p>11:30 a.m. Community Prayer, Chapel</p> <p>1 p.m. Mahjong, TAH</p> <p>2 p.m. Cribbage, Atrium P3</p> <p>2 p.m. Depart: PCC Shopping, Redmond</p> <p>3 p.m. Birders & Naturalists, SAM</p> <p>3:30 p.m. Folk Dance for Everyone, FS</p> <p>4 p.m. Atrium H1 Social, Atrium H1</p> <p>6:45 p.m. Shanghai Rummy, AVR</p> <p>7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV 17</p> <p>9 a.m. Buildings & Grounds Mtg., BR</p> <p>9:30 a.m. NuMotion Mobility Services, TAH</p> <p>10:30 a.m. Bible Study, SAM</p> <p>1 p.m. Tech Help, LR</p> <p>1 p.m. Resident Activities Committee, SAM</p> <p>2 p.m. Ukulele Chorus Rehearsal, AVR</p> <p>3:00 p.m. Fund Development Committee Mtg., TAH</p> <p>4 p.m. Cloud 9 Social, Atrium P3</p> <p><u>4 p.m. Jewish Passover Seder and Meal, Fireside Dining Room</u></p>	<p>8:15 a.m. Fitness Trifecta, TV 18</p> <p>8:15 a.m. Tai Chi, SAM</p> <p>10 a.m. Catholic Communion Service, AVR</p> <p>10 a.m. Depart: Grocery Shopping</p> <p>10 a.m. Scrabble, TAH</p> <p>1 p.m. Depart: Kohls & Target Shopping Trip, Redmond</p> <p>2:30 p.m. Hand & Foot Canasta, TAH</p> <p>3 p.m. Education for Enjoyment, AVR & SAM</p> <p>7:30 p.m. April Birthday Celebration, EMR♦</p>	<p>8:15 a.m. Fitness Trifecta, TV 19</p> <p><u>9 a.m. Docent Bird Walk, LR</u></p> <p>10 a.m. Craft & Connect, CAS</p> <p>2 p.m. Mexican Train & Easy Cards, Easy Games, CAS</p>
<p>8:15 a.m. Fitness Trifecta, TV 20</p> <p>11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR</p> <p>4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV 21</p> <p>8:30 a.m. Depart: Tolt MacDonald Park Docent Walk, Carnation</p> <p>9 a.m. Monday Painters, CAS</p> <p>10 a.m. Bonsai Group, SAM</p> <p>10 a.m. Depart: Grocery Shopping</p> <p>1 p.m. Women's Caregiver Connect, SAM</p> <p>1 p.m. Depart: Bellevue Square Shopping, Bellevue</p> <p>1:30 p.m. Depart: Pickleball, Redmond</p> <p><u>2 p.m. Author Sophia Kouidou-Giles Presentation, EMR</u></p> <p>6:30 p.m. Duplicate Bridge, AVR</p> <p>6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV 22</p> <p>10 a.m. Marketing Review, TAH</p> <p>10:30 a.m. Health and Wellness Committee, AVR</p> <p>1 p.m. Tuesday Crafters, CAS</p> <p>1 p.m. David Smith: Themes in Philosophy, EMR</p> <p>1 p.m. VR Group Experience, AVR</p> <p>2 p.m. AI Interest Group, SAM</p> <p>4 p.m. Atrium P1 Social, Atrium P1</p>	<p>8:15 a.m. Fitness Trifecta, TV 23</p> <p><u>8:45 a.m. Volunteer Appreciation Breakfast, PAV</u></p> <p>10 a.m. Garden Railroad, CAS</p> <p>10 a.m. Accounting Review, TAH</p> <p>11:30 a.m. Community Prayer, Chapel</p> <p>1 p.m. Mahjong, TAH</p> <p>2 p.m. Cribbage, Atrium P3</p> <p>2 p.m. Depart: Costco Shopping, Redmond</p> <p>3 p.m. Voices for Vision, AVR</p> <p>3:30 p.m. Folk Dance for Everyone, FS</p> <p>6:45 p.m. Shanghai Rummy, AVR</p> <p>7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV 24</p> <p>10:30 a.m. Bible Study, SAM</p> <p>1 p.m. Tech Help, LR</p> <p>1 p.m. Knitwits, Atrium E</p> <p>1 p.m. Osher Lecture: <i>Penguins!</i>, TV</p> <p>2 p.m. Ukulele Workshop, AVR</p> <p>3 p.m. Table Talks, EMR</p> <p>6:30 p.m. Depart: Meany Center: Faculty Recital, Seattle</p> <p>7 p.m. Poker, CAS</p>	<p>8:15 a.m. Fitness Trifecta, TV 25</p> <p>8:15 a.m. Tai Chi, SAM</p> <p>10 a.m. Catholic Mass, AVR</p> <p>10 a.m. Depart: Grocery Shopping</p> <p>10 a.m. Scrabble, TAH</p> <p>11 a.m. Episcopal Service, Chapel</p> <p>1 p.m. Depart: Brew Pub Trip, Bellevue</p> <p>2:30 p.m. Hand & Foot Canasta, TAH</p> <p>3 p.m. Education for Enjoyment, AVR & SAM</p> <p>4:45 p.m. Last Friday Social, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV 26</p> <p>10 a.m. Craft & Connect, CAS</p> <p>2 p.m. Mexican Train & Easy Cards, Easy Games, CAS</p> <p>6:45 p.m. Movie, TV</p>
<p>8:15 a.m. Fitness Trifecta, TV 27</p> <p>11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR</p> <p>12:30 p.m. 5th Avenue Theatre, Seattle</p> <p>2:15 p.m. Depart: Performing Arts Festival, Bellevue</p> <p>4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV 28</p> <p>9 a.m. Monday Painters, CAS</p> <p>10 a.m. Thrift Shop Collection, TAH</p> <p>10 a.m. Depart: Grocery Shopping</p> <p>12:30 p.m. Mah Jongg, Anyone?, SAM</p> <p>1:30 p.m. Depart: Pickleball, Redmond</p> <p>2 p.m. DEI Committee Mtg., AVR</p> <p><u>2 p.m. Monday Matinee: <i>The Sound of Music Sing-Along</i>, EMR</u></p> <p>6:30 p.m. Duplicate Bridge, AVR</p> <p>6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV 29</p> <p>12:30 p.m. Mah Jongg, Anyone?, SAM</p> <p>1 p.m. Tuesday Crafters, CAS</p> <p><u>2 p.m. Aging Wisdom: Understanding Dementia, EMR</u></p> <p>4 p.m. Depart: Best Wok, Bellevue</p>	<p>8:15 a.m. Fitness Trifecta, TV 30</p> <p>9 a.m. Depart: Skagit Valley Tulip Festival, Mount Vernon</p> <p>10 a.m. Garden Railroad, CAS</p> <p>10 a.m. Men's Caregiver Connect, SAM</p> <p>11:30 a.m. Community Prayer, Chapel</p> <p>1 p.m. Mahjong, TAH</p> <p>2 p.m. Cribbage, Atrium P3</p> <p>3:30 p.m. Folk Dance for Everyone, FS</p> <p>6:45 p.m. Shanghai Rummy, AVR</p> <p>7 p.m. Pinochle, TAH</p> <p><u>7 p.m. Songs of Seattle, EMR</u></p>			