

2025

(1) ♦ = Events shown in Emerald Room AND Channel 1981

(2) Fitness Trifecta {8:15 a.m. Total Body Fitness; 9 a.m. Posture and Balance and 10 a.m. Seated Zumba Gold}

(3) **Bold** indicates an off-Campus event or special notice. Underlined indicates notable event.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



EH Meeting Spaces and Room Key:

EMR	Emerald Room
AVR	Avondale Room
SAM	Sammamish Room
PAV	Pavilion = (EMR+SAM+AVR)
CAS	Creative Arts Studio
TAH	Tahoma Room
BR	Board Room
CS	Coffee Shop
LR	Living Room
FS	Fitness Studio
C&H	Copper & Hook
TV	Exclusively on Channel 1981

Corwin Center:

AL GR	AL Game Room
AL TV	AL TV Room
AL L	AL Library/Lounge
GR	Great Room

Outdoor Spaces:

PP	Pavilion Plaza
SQ	Sequoia Square
RR	Garden Railroad

TBD = Location To Be Determined.

Check Portal, Daily Schedule, and Channel 1981 for most up-to-date event information

8:15 a.m. Fitness Trifecta, TV **1**
11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR
4 p.m. Worship with Chaplain Waltner, EMR

8:15 a.m. Fitness Trifecta, TV **2**
9 a.m. Monday Painters, CAS
10 a.m. Depart: Grocery Shopping
10 a.m. Residents' Association Review, AVR
10:30 a.m. Holy Family School Flag Day Celebration, EMR
1 p.m. Pride Flag Raising, SQ
1:30 p.m. Depart: Pickleball, Redmond
2 p.m. DEI Event Planning Mtg, AVR
6:30 p.m. Duplicate Bridge, AVR
6:45 p.m. Great Courses, TV

8:15 a.m. Fitness Trifecta, TV **3**
10:30 a.m. *Keeping Our Spirits Up*, TV
11 a.m. Technology Committee Mtg., SAM
1 p.m. Tuesday Crafters, CAS
1 p.m. Alzheimer's and Dementia Caregiver Support, SAM
1:30 p.m. Readers' Theatre, TAH
2 p.m. Driving: Is it for you?, EMR

8:15 a.m. Fitness Trifecta, TV **4**
9:30 a.m. Writing Class, TAH
10 a.m. EH Trains are Running, RR
10 a.m. Garden Railroad, CAS
10 a.m. Lawn Bowling, Bowling Green
11:30 a.m. Community Prayer, Chapel
11:30 a.m. Lunch & Learn, Rainier DR
1 p.m. Mahjong, TAH
1 p.m. Food Services Committee, Fireside DR
2 p.m. Depart: Costco Shopping, Redmond
2 p.m. Cribbage, Atrium P3
3:30 p.m. Folk Dance for Everyone, FS
4 p.m. Trailside Social, AVR & SAM
6 p.m. UW Goldsen Institute Series, TV
6:30 p.m. Depart: Village Theatre, Issaquah
6:45 p.m. Shanghai Rummy, AVR
7 p.m. Pinochle, TAH

8:15 a.m. Fitness Trifecta, TV **5**
10:30 a.m. Bible Study, SAM
10:30 a.m. Evergreen Speech and Hearing, TAH
1 p.m. Tech Help, LR
1 p.m. Furniture Sale: Preview, 4th Floor Furniture Room
2 p.m. Ukulele Chorus Rehearsal, AVR
2 p.m. Health Services Review, TAH
2:30 p.m. Residents' Council Study Session, SAM
6:30 p.m. Depart: Masterworks: Hayden, Seattle

8:15 a.m. Fitness Trifecta, TV **6**
9 a.m. Furniture Sale, 4th Floor Furniture Room
10 a.m. Thrift Shop
10 a.m. Catholic Communion Service, AVR
10 a.m. Depart: Grocery Shopping
10 a.m. Scrabble, TAH
1 p.m. Grant's Live Chat, EMR♦
2:30 p.m. Hand & Foot Canasta, TAH
3 p.m. Education for Enjoyment, AVR & SAM
6:30 p.m. Depart: Meany Center, Seattle

8:15 a.m. Fitness Trifecta, TV **7**
9 a.m. Daughters of the Revolution, EMR
10 a.m. Lawn Bowling, Bowling Green
10 a.m. Furniture Sale: Pickup and Half-off, 4th Floor Furniture Room
2 p.m. Mexican Train & Easy Cards, Easy Games, CAS

• Hopelink "End Summer Hunger" Fundraiser •

8:15 a.m. Fitness Trifecta, TV **8**
11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR
1 p.m. Depart: Driftwood Theatre, Edmonds
4 p.m. Worship with Chaplain Waltner, EMR

8:15 a.m. Fitness Trifecta, TV **9**
9 a.m. Monday Painters, CAS
10 a.m. Depart: Grocery Shopping
1 p.m. Depart: Bellevue Square Shopping, Bellevue
1:30 p.m. Depart: Pickleball, Redmond
2 p.m. Monday Matinee, EMR
6:30 p.m. Duplicate Bridge, AVR
6:45 p.m. Great Courses, TV

8:15 a.m. Fitness Trifecta, TV **10**
9 a.m. KCLS Library to Go, TAH
10:30 a.m. Residents' Council Meeting, PAV♦
1 p.m. Tuesday Crafters, CAS
2:30 p.m. Trips and Events Committee Mtg., SAM
4 p.m. Atrium E Social, Atrium E
7 p.m. Bunco Night, TAH

8:15 a.m. Fitness Trifecta, TV **11**
9:30 a.m. Writing Class, AVR
10 a.m. Garden Railroad, CAS
10 a.m. Resident Services Review, TAH
10 a.m. Lawn Bowling, Bowling Green
11:30 a.m. Community Prayer, Chapel
1 p.m. Mahjong, TAH
2 p.m. Cribbage, Atrium P3
2 p.m. Depart: PCC Shopping, Redmond
3:30 p.m. Folk Dance for Everyone, FS
4 p.m. Courtyard B Social, PP
6 p.m. UW Goldsen Institute Series, TV
6:45 p.m. Shanghai Rummy, AVR
7 p.m. Pinochle, TAH

8:15 a.m. Fitness Trifecta, TV **12**
10:30 a.m. Bible Study, SAM
1 p.m. Tech Help, LR
1 p.m. The Good Life Book Club, AVR
1:30 p.m. EH Quilters, CAS
2 p.m. Focus on Fitness, EMR
3:00 p.m. Fund Development Committee Mtg., AL GR
4 p.m. Atrium P3 Social, Atrium P3
4 p.m. Atrium H3 Social, Atrium H3
6:45 p.m. Movie, TV
7 p.m. All That Jazz Group, AVR
7 p.m. Poker, CAS

8 a.m. Depart: Hike: Tradition Lake, Issaquah
8:15 a.m. Fitness Trifecta, TV **13**
10 a.m. Catholic Communion Service, AVR
10 a.m. Depart: Grocery Shopping
10 a.m. Scrabble, TAH
11 a.m. DEI-DIY, PP (backup: CAS)
1 p.m. Depart: Edmonds Art Festival, Edmonds
2:30 p.m. Hand & Foot Canasta, TAH
3 p.m. Education for Enjoyment, AVR & SAM

8:15 a.m. Fitness Trifecta, TV **14**
10 a.m. Lawn Bowling, Bowling Green
12:30 p.m. Depart: The Fifth Avenue: Bye, Bye Birdie, Seattle
2 p.m. Mexican Train & Easy Cards, Easy Games, CAS

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:15 a.m. Fitness Trifecta, TV 15 11 a.m. EH Trains are Running, RR 11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 16 9 a.m. Monday Painters, CAS 10 a.m. Bonsai Group, SAM 10 a.m. Depart: Grocery Shopping 10:30 a.m. VR Group Experience, AVR 1 p.m. Women's Caregiver Connect, SAM 1 p.m. Depart: H Mart and Mayuri International Foods, Redmond 1:30 p.m. Depart: Pickleball, Redmond <u>2 p.m. King County Long-Term Care Ombudsman Program, EMR</u> 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 17 10 a.m. Dining Services Review, C&H 1 p.m. Tuesday Crafters, CAS 1:30 p.m. Readers' Theatre, TAH 3 p.m. Kamp Karaoke, C&H	8:15 a.m. Fitness Trifecta, TV 18 9:30 a.m. Writing Class, TAH 10 a.m. Garden Railroad, CAS 10 a.m. Lawn Bowling, Bowling Green 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 1:30 p.m. Parkinson's Support, SAM 2 p.m. Cribbage, Atrium P3 <u>2 p.m. What Matters Most for Your Health, EMR♦</u> 2 p.m. Depart: Costco Shopping, Redmond 3 p.m. Birders & Naturalists, AVR 3:30 p.m. Folk Dance for Everyone, FS 4 p.m. Atrium H1 Social, Atrium H1 6 p.m. UW Goldsen Institute Series, TV 6:30 p.m. Depart: Village Theatre, Issaquah 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	8:15 a.m. Fitness Trifecta, TV 19 9 a.m. Buildings & Grounds Mtg., BR 9:30 a.m. NuMotion, TAH <u>10 a.m. 3rd Annual Bonsai Showcase (Day 1), PP</u> 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 2 p.m. Ukulele Chorus Rehearsal, AVR 4 p.m. Cloud 9 Social, PP	8:15 a.m. Fitness Trifecta, TV 20 10 a.m. Catholic Communion Service, AVR 10 a.m. Depart: Grocery Shopping 10 a.m. Scrabble, TAH <u>10 a.m. 3rd Annual Bonsai Showcase (Day 2), PP</u> 1:15 p.m. Depart: Lunch Bunch Outing, Redmond 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, AVR & SAM 7:30 p.m. June Birthday Celebration, EMR♦	8:15 a.m. Fitness Trifecta, TV 21 10 a.m. Lawn Bowling, Bowling Green 1 p.m. Depart: Village Theatre, Issaquah 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS 6:45 p.m. Movie, TV
8:15 a.m. Fitness Trifecta, TV 22 11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR 4 p.m. Worship with Chaplain Waltner, EMR 4 p.m. Depart: Washington Wind Symphony, Bellevue	8:15 a.m. Fitness Trifecta, TV 23 9 a.m. Monday Painters, CAS 10 a.m. Depart: Grocery Shopping 1:30 p.m. Depart: Pickleball, Redmond <u>2 p.m. Beach Ball Bingo, EMR</u> 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 24 10 a.m. Marketing Review, TAH 10:30 a.m. Health and Wellness Committee, AVR 1 p.m. Tuesday Crafters, CAS <u>2 p.m. Mount St. Helens: The Last 50+ Years, EMR</u> 4 p.m. Atrium P1 Social, Atrium P1	8:15 a.m. Fitness Trifecta, TV 25 9:30 a.m. Writing Class, AVR 10 a.m. Garden Railroad, CAS 10 a.m. Accounting Review, TAH 10 a.m. Lawn Bowling, Bowling Green 10 a.m. Men's Caregiver Connect, SAM 11:30 a.m. Fitness & Sport Committee, AVR 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Cribbage, Atrium P3 <u>2 p.m. Support Groups Presentation, EMR</u> 3:30 p.m. Folk Dance for Everyone, FS 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH <u>7 p.m. Performance on the Plaza: Janet Rayor, PP</u>	8:15 a.m. Fitness Trifecta, TV 26 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 1 p.m. Knitwits, Atrium E 3 p.m. Table Talks, EMR 7 p.m. Poker, CAS	8:15 a.m. Fitness Trifecta, TV 27 10 a.m. Catholic Mass, AVR 10 a.m. Depart: Walk: Discovery Park Loop, Seattle 10 a.m. Depart: Grocery Shopping 10 a.m. Scrabble, TAH 11 a.m. Episcopal Service, Chapel 1 p.m. Depart: Brew Pub Trip, Mountlake Terrace <u>1 p.m. Campus Circle Pride Walk, LR</u> 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, AVR & SAM 4:45 p.m. Last Friday Social, EMR	8:15 a.m. Fitness Trifecta, TV 28 10 a.m. Lawn Bowling, Bowling Green 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS <u>7 p.m. Enhancement Fund Drive Kick-Off, PAV</u>
8:15 a.m. Fitness Trifecta, TV 29 11 a.m. Livestream BelPres Worship, SAM/AVR & AL GR 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 30 9 a.m. Monday Painters, CAS 10 a.m. Thrift Shop Collection, TAH 10 a.m. Depart: Grocery Shopping 1:30 p.m. Depart: Pickleball, Redmond 2 p.m. DEI Committee Mtg., AVR 5:15 p.m. Depart: T-Mobile Park: Mariners v. Kansas City Royals, Seattle 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV					