

# 2025

(1) ♦ = Events shown in Emerald Room AND Channel 1981

(2) Fitness Trifecta {8:15 a.m. Total Body Fitness; 9 a.m. Posture and Balance and 10 a.m. Seated Zumba Gold}

(3) **Bold** indicates an off-Campus event or special notice. Underlined indicates notable event.

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**



**EH Meeting Spaces and Room Key:**

- EMR Emerald Room
- AVR Avondale Room
- SAM Sammamish Room
- PAV Pavilion = (EMR+SAM+AVR)
- CAS Creative Arts Studio
- TAH Tahoma Room
- BR Board Room
- CS Coffee Shop
- LR Living Room
- FS Fitness Studio
- C&H Copper & Hook
- TV Exclusively on Channel 1981

**Corwin Center:**

- AL GR AL Game Room
- AL TV AL TV Room
- AL L AL Library/Lounge
- GR Great Room

**Outdoor Spaces:**

- PP Pavilion Plaza
- SS Sequoia Square

TBD = Location To Be Determined.  
**Check for Daily Schedule and slides on Channel 1981 & Events Calendar on the Portal for the most current information.**

				<p>8:15 a.m. Fitness Trifecta, TV          10:30 a.m. Evergreen Speech and Hearing, TAH          1 p.m. Tech Help, LR          2 p.m. Ukulele Chorus Rehearsal, AL GR          2 p.m. Health Services Review, TAH  <b>6:30 p.m. Depart: Masterworks: Vivaldi, Seattle</b></p>	<p>8:15 a.m. Fitness Trifecta, TV          8:15 a.m. Tai Chi, SAM          10 a.m. Thrift Shop          10 a.m. Catholic Communion Service, AVR  <b>10 a.m. Depart: Grocery Shopping</b>          10 a.m. Scrabble, TAH          1 p.m. Grant's Live Chat, EMR♦          2:30 p.m. Hand &amp; Foot Canasta, TAH          3 p.m. Education for Enjoyment, AVR &amp; SAM</p>	<p>8:15 a.m. Fitness Trifecta, TV          10 a.m. Craft &amp; Connect, CAS          10 a.m. Lawn Bowling, Bowling Green          2 p.m. Mexican Train &amp; Easy Cards, Easy Games, CAS</p>
<p>8:15 a.m. Fitness Trifecta, TV          11 a.m. Livestream BelPres Worship, SAM/AVR &amp; AL GR          4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV          9 a.m. Monday Painters, CAS  <b>10 a.m. Depart: Grocery Shopping</b>          10 a.m. Residents' Association Review, AVR  <b>1 p.m. Depart: UW Seismology Lab, Seattle</b>  <b>1:30 p.m. Depart: Pickleball, Redmond</b>          2 p.m. DEI Event Planning Mtg, AVR          6:30 p.m. Duplicate Bridge, AVR          6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV          11 a.m. Technology Committee Mtg., SAM          1 p.m. Tuesday Crafters, CAS          1 p.m. Alzheimer's and Dementia Caregiver Support, SAM          1:30 p.m. Readers' Theatre, TAH  <u>7 p.m. The Silver Singers, PAV</u></p>	<p>8:15 a.m. Fitness Trifecta, TV          10 a.m. Garden Railroad, CAS          10 a.m. Lawn Bowling, Bowling Green          10:30 a.m. <i>Keeping Our Spirits Up</i>, TV          11:30 a.m. Community Prayer, Chapel          11:30 a.m. Lunch &amp; Learn, Rainier Dining Room          1 p.m. Mahjong, TAH          1 p.m. Food Services Committee, AVR  <b>2 p.m. Depart: Costco Shopping, Redmond</b>          2 p.m. Cribbage, Atrium P3  <u>3 p.m. Birds, Please... Not Bears! Presentation, EMR♦</u>          3:30 p.m. Folk Dance for Everyone, FS          6:45 p.m. Shanghai Rummy, AVR          7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV          10:30 a.m. Bible Study, SAM          1 p.m. Tech Help, LR          1 p.m. The Good Life Book Club, AVR          1:30 p.m. EH Quilters, CAS          4 p.m. Atrium P3 Social, Atrium P3          6:45 p.m. Movie, TV          7 p.m. All That Jazz Group, AVR          7 p.m. Poker, CAS</p>	<p><b>8 a.m. Depart: Hike: Watershed Preserve, Redmond</b>          8:15 a.m. Fitness Trifecta, TV          8:15 a.m. Tai Chi, SAM          10 a.m. Catholic Communion Service, AVR  <b>10 a.m. Depart: Grocery Shopping</b>          10 a.m. Scrabble, TAH          2:30 p.m. Hand &amp; Foot Canasta, TAH          3 p.m. Education for Enjoyment, AVR &amp; SAM  <u>7 p.m. Anything Goes: Talent Show, PAV</u></p>	<p>8:15 a.m. Fitness Trifecta, TV          10 a.m. Craft &amp; Connect, CAS          10 a.m. Lawn Bowling, Bowling Green  <b>1 p.m. Depart: NW Driftwood Artists, Woodinville</b>          2 p.m. Mexican Train &amp; Easy Cards, Easy Games, CAS</p>


**Virtual Tour Filming  
 around campus:  
 10am—2pm**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:15 a.m. Fitness Trifecta, TV <b>11</b></p> <p>11 a.m. Livestream BelPres Worship, SAM/AVR &amp; AL GR</p> <p>11 a.m. Trains are Running, Garden Railroad</p> <p>4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>12</b></p> <p>9 a.m. Monday Painters, CAS</p> <p><b>10 a.m. Depart: Grocery Shopping</b></p> <p><b>1:30 p.m. Depart: Pickleball, Redmond</b></p> <p>6:30 p.m. Duplicate Bridge, AVR</p> <p>6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>13</b></p> <p>9 a.m. KCLS Library to Go, TAH</p> <p>10:30 a.m. Quarterly Residents' Association Meeting, PAV♦</p> <p>1 p.m. Tuesday Crafters, CAS</p> <p>1 p.m. David Smith: Themes in Philosophy (2 hrs), EMR</p> <p>2:30 p.m. Trips and Events Committee Mtg., SAM</p> <p>4 p.m. Atrium E Social, Atrium E</p> <p><b>6:30 p.m. Depart: Meany Center, Seattle</b></p> <p>7 p.m. Bunco Night, TAH</p>	<p>8 a.m. Fitness Assessments, FS</p> <p>8:15 a.m. Fitness Trifecta, TV <b>14</b></p> <p>10 a.m. Garden Railroad, CAS</p> <p>10 a.m. Resident Services Review, TAH</p> <p>10 a.m. Lawn Bowling, Bowling Green</p> <p>11:30 a.m. Community Prayer, Chapel</p> <p>1 p.m. Mahjong, TAH</p> <p>2 p.m. Cribbage, Atrium P3</p> <p><b>2 p.m. Depart: PCC Shopping, Redmond</b></p> <p><u>2:30 p.m. Judaism in 60 minutes, EMR</u></p> <p>3 p.m. Movie, TV</p> <p>3:30 p.m. Folk Dance for Everyone, FS</p> <p><b>3:45 p.m. Depart: Happy Hour Trip, Redmond</b></p> <p><b>6:15 p.m. Depart: Seattle Opera, Seattle</b></p> <p>6:45 p.m. Shanghai Rummy, AVR</p> <p>7 p.m. Pinochle, TAH</p>	<p>8 a.m. Fitness Assessments, FS <b>15</b></p> <p>8:15 a.m. Fitness Trifecta, TV</p> <p>9 a.m. Buildings &amp; Grounds Mtg., BR</p> <p>10:30 a.m. Bible Study, SAM</p> <p>1 p.m. Tech Help, LR</p> <p>2 p.m. Ukulele Chorus Rehearsal, AVR</p> <p><u>2 p.m. What Matters Most for Your Health, EMR♦</u></p> <p>3:00 p.m. Fund Development Committee Mtg., TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>16</b></p> <p>8:15 a.m. Tai Chi, SAM</p> <p>10 a.m. Catholic Communion Service, AVR</p> <p><b>10 a.m. Depart: Grocery Shopping</b></p> <p>10 a.m. Scrabble, TAH</p> <p><b>1 p.m. Depart: Lunch Bunch Outing, Redmond</b></p> <p>2:30 p.m. Hand &amp; Foot Canasta, TAH</p> <p>3 p.m. Education for Enjoyment, AVR &amp; SAM</p> <p>7:30 p.m. May Birthday Celebration, EMR♦</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>17</b></p> <p>9 a.m. Docent Bird Walk, LR</p> <p>10 a.m. Craft &amp; Connect, CAS</p> <p>10 a.m. Lawn Bowling, Bowling Green</p> <p>2 p.m. Mexican Train &amp; Easy Cards, Easy Games, CAS</p>
<p>8:15 a.m. Fitness Trifecta, TV <b>18</b></p> <p>11 a.m. Livestream BelPres Worship, SAM/AVR &amp; AL GR</p> <p><b>12:15 p.m. Depart: Ballard Elk Club, Ballard</b></p> <p>4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>19</b></p> <p>9 a.m. Monday Painters, CAS</p> <p>10 a.m. Bonsai Group, SAM</p> <p><b>10 a.m. Depart: Grocery Shopping</b></p> <p>1 p.m. Women's Caregiver Connect, SAM</p> <p><b>1 p.m. Depart: Bellevue Square Shopping, Bellevue</b></p> <p><b>1:30 p.m. Depart: Pickleball, Redmond</b></p> <p>2 p.m. DEI Committee Mtg., AVR</p> <p>2 p.m. Monday Matinee, EMR</p> <p>6:30 p.m. Duplicate Bridge, AVR</p> <p>6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>20</b></p> <p>10 a.m. Dining Services Review, C&amp;H</p> <p>1 p.m. Tuesday Crafters, CAS</p> <p>1:30 p.m. Readers' Theatre, TAH</p> <p><u>3 p.m. Employee Recognition Event, PAV</u></p>	<p>8:15 a.m. Fitness Trifecta, TV <b>21</b></p> <p>10 a.m. Garden Railroad, CAS</p> <p>10 a.m. Lawn Bowling, Bowling Green</p> <p><u>11 a.m. Your Clothing Solutions, EMR</u></p> <p>11:30 a.m. Community Prayer, Chapel</p> <p>11:30 a.m. Fitness &amp; Sport Committee, AVR</p> <p>1 p.m. Mahjong, TAH</p> <p><u>1 p.m. Your Clothing Solutions: Fashion Show, EMR</u></p> <p>1:30 p.m. Parkinson's Support, SAM</p> <p>2 p.m. Cribbage, Atrium P3</p> <p><b>2 p.m. Depart: Costco Shopping, Redmond</b></p> <p>3 p.m. Birders &amp; Naturalists, SAM</p> <p>3:30 p.m. Folk Dance for Everyone, FS</p> <p>6:45 p.m. Shanghai Rummy, AVR</p> <p>7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>22</b></p> <p>10:30 a.m. Bible Study, SAM</p> <p>11:15 a.m. Table Talks, EMR</p> <p>1 p.m. Tech Help, LR</p> <p><u>1 p.m. Holy Family Parish, 7th Graders and Kindergarteners, EMR</u></p> <p>1 p.m. Knitwits, Atrium E</p> <p>2 p.m. Ukulele Workshop, AVR</p> <p><b>2:15 p.m. Depart: Holocaust Center for Humanity, Kirkland</b></p> <p>7 p.m. Poker, CAS</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>23</b></p> <p>8:15 a.m. Tai Chi, SAM</p> <p>9:30 a.m. Memorial Day Flags, LR</p> <p>10 a.m. Catholic Mass, AVR</p> <p><b>10 a.m. Depart: Walk: Juanita Bay, Kirkland</b></p> <p><b>10 a.m. Depart: Grocery Shopping</b></p> <p>10 a.m. Scrabble, TAH</p> <p>11 a.m. Episcopal Service, Chapel</p> <p>2:30 p.m. Hand &amp; Foot Canasta, TAH</p> <p>3 p.m. Education for Enjoyment, AVR &amp; SAM</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>24</b></p> <p>10 a.m. Craft &amp; Connect, CAS</p> <p>10 a.m. Lawn Bowling, Bowling Green</p> <p>2 p.m. Mexican Train &amp; Easy Cards, Easy Games, CAS</p> <p>6:45 p.m. Movie, TV</p>
<p>8:15 a.m. Fitness Trifecta, TV <b>25</b></p> <p>11 a.m. Livestream BelPres Worship, SAM/AVR &amp; AL GR</p> <p><b>1:30 p.m. Depart: Vocalpoint Seattle Presents: The New Game, Seattle</b></p> <p>4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>26</b></p> <p>9 a.m. Monday Painters, CAS</p> <p>10 a.m. Thrift Shop Collection, TAH</p> <p>11 a.m. Trains are Running, Garden Railroad</p> <p><b>1:30 p.m. Depart: Pickleball, Redmond</b></p> <p>6:30 p.m. Duplicate Bridge, AVR</p> <p>6:45 p.m. Great Courses, TV</p> <p style="text-align: center;"></p>	<p>8:15 a.m. Fitness Trifecta, TV <b>27</b></p> <p><b>9 a.m. Depart: Maltby Café &amp; Flower World, Snohomish</b></p> <p><b>9 a.m. Depart: Uwajumaya Asian Grocery Store Shopping, Bellevue</b></p> <p>10 a.m. Marketing Review, TAH</p> <p>10:30 a.m. Health and Wellness Committee, AL GR</p> <p>1 p.m. Tuesday Crafters, CAS</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>28</b></p> <p>10 a.m. Garden Railroad, CAS</p> <p>10 a.m. Accounting Review, TAH</p> <p>10 a.m. Lawn Bowling, Bowling Green</p> <p>10 a.m. Men's Caregiver Connect, SAM</p> <p>11:30 a.m. Community Prayer, Chapel</p> <p>1 p.m. Mahjong, TAH</p> <p>2 p.m. Cribbage, Atrium P3</p> <p>3 p.m. Movie, TV</p> <p>3:30 p.m. Folk Dance for Everyone, FS</p> <p>6:45 p.m. Shanghai Rummy, AVR</p> <p>7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>29</b></p> <p>1 p.m. Tech Help, LR</p> <p><b>1 p.m. Depart: Wing Luke Museum, Seattle</b></p> <p><u>1 p.m. Medic One: Hands-Only CPR/AED Training, PAV</u></p>	<p>8:15 a.m. Fitness Trifecta, TV <b>30</b></p> <p>8:15 a.m. Tai Chi, SAM</p> <p>10 a.m. Catholic Communion Service, AVR</p> <p><b>10 a.m. Depart: Grocery Shopping</b></p> <p>10 a.m. Scrabble, TAH</p> <p><b>1 p.m. Depart: Brew Pub Trip, Seattle</b></p> <p>2:30 p.m. Hand &amp; Foot Canasta, TAH</p> <p>3 p.m. Education for Enjoyment, AVR &amp; SAM</p> <p>4:45 p.m. Last Friday Social, EMR</p> <p><b>7 p.m. Depart: Seattle POPs, Seattle</b></p>	<p>8:15 a.m. Fitness Trifecta, TV <b>31</b></p> <p>10 a.m. Craft &amp; Connect, CAS</p> <p>10 a.m. Lawn Bowling, Bowling Green</p> <p>2 p.m. Mexican Train &amp; Easy Cards, Easy Games, CAS</p>