

The background of the entire page is a photograph of a garden. In the foreground, there are dense green bushes and some yellow flowers. A wooden fence runs across the middle ground. Behind the fence, there are tall evergreen trees, and a large tree trunk is visible in the center. The sky is blue with some sunlight filtering through the leaves.

The View

*From the Heights
of Community Life*

September 2025

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Useful Contacts

CONCIERGE: (425)556-8100 CORWIN: (425)556-8150 FIRVIEW: (425)605-3770

Security:
(425)556-8184

Housekeeping:
(425)556-8188

Facilities:
(425)556-8180

Cascades Take-Out:
(425)556-8117

Main Dining Reservations:
(425)556-8217

Rainier Reservations:
(425)605-3903

Chaplain:
(425)556-8140

Fitness:
(425)556-8186

Transportation:
(425)556-8105

THREE SALON LOCATIONS TO SERVE YOU

Elements

Call (425)556-8171

Hair with Terry
Tues., Wed., Thurs.
9 a.m.–3 p.m.

Nails with Mikaela
Tues., Wed., Thurs., Fri.
10 a.m.–4 p.m.

Hair with Debi
Friday
9 a.m.–3 p.m.

Massage with Nita
Wednesday
10 a.m.–4 p.m.

PS
SALON & SPA

Hairport

Call (425)556-8160

Hair with Tramble
Monday & Friday
9 a.m.–3 p.m.

Spruce

Call (425)605-3637

Hair with Lauren
Monday
9 a.m.–3 p.m.

Nails with Denise
Tuesday
9 a.m.–3 p.m.

! Reminders !

◇ **No Grocery Shopping on September 1, Labor Day**

◇ **No medical transportation on September 2**

◇ Always check the date on portal-generated trip cancellation emails.

◇ The iPad display screens outside of meeting rooms are currently out of service.

Do you want to learn more about the Emerald Heights Board members or review the Q&A series covering a variety of topics relating to our community?

Visit the Emerald Heights' Board section of the Portal [Here](#).

Cover Photo Credit: Diane Hicks, taken from her balcony on the Emerald Heights campus

Staff Spotlight

Shining Star Shout-Outs



Shining Star winners are chosen from a pool of nominations from residents and staff. See a staff member going above and beyond? Pick up a nomination card from the Message Center and submit it in the box beside the Courtyard cubbies.

**The winner of the Shining Star prize for July is:
Heather Mullins**

Heather was nominated for making weekend shifts fun for her

co-workers; for being a great team player, for caring for her residents so well, listening to them, and making them feel comfortable; for the kindness, patience, and support she shows to her residents, and for her thoughtful attitude and constant positivity; for getting to the bottom of any problem and making sure it gets solved.

Congrats, Heather!

July Nominees:

Nicole Rutledge
Bernadette Kamari
Angie Lucas
Noah Cierebiej (x3)
Jose Sanchez Tapia
Ken Bonebrake
Andres Valencia
Jenna Taylor
Heather Turnbull
Manual Calderon

Ngoc Vu "Mama Vu"

Heather Mullins
(x4)

Alex Clark

Alexander Cassinos

Nicole McCarthy

Jaimisa Gourley

Jorge Cartagena

Gabriel Solis

Maria Castillo

Valentin Tuluca

Golden Spotlight Winner



Each month, Emerald Heights honors an outstanding employee with the Golden Spotlight Award. Staff members submit nominations and Management Council selects the winner through a vote.

**The Golden Spotlight winner for July is
David Scaaf!**



David was nominated by 2 different supervisors for his willingness to help out in any position needed, and stepping up to provide exemplary service for resident's private events. He gives great advice on best practices and the culture at Emerald Heights, and is always willing to help out, and even stepped up to learn the new programming for our menu items and staff logins on the new POS system. Way to go, Dave!

July Nominees:

Emma Geary
Naomi Green
Tyler Nelson
David Schaaf

Staff Spotlight

Get to Know: *Jaimisa Gourley*



Brand and Communications Director

What is your hometown? Born and raised in South Seattle! I've also called the Bay Area (SF & Oakland) and Miami home.

What was your first job? At 15, I worked in cosmetics at Drug Emporium in South Center.

What three words would you use to describe yourself? Thoughtful, Caring, Loyal.

What do you do for fun? I'm happiest when I'm exploring new places, trying out plant-based recipes, or spending time with our fur family. I also enjoy a variety of Peloton classes, and just completed my first 10K (still a little stiff but totally worth it!)

Who inspires you? The vision and energy of younger generations, our residents, and all who dedicate their lives to helping others, human and animal alike.

What do you love about working at EC? I love being based on campus (after years in a corporate setting) and getting to know the stories of our residents and team members.

What is the focus of your role at EC? I get to share the stories and moments that bring our communities to life, through videos, newsletters, social media, and our website, so future residents can see what makes us special. Behind the scenes, I manage various projects, marketing technology tools, and vendor partnerships to keep things running smoothly and help our marketing teams connect with the right people.

Katharine Manter Certified as an Activity Professional



We are excited to celebrate Katharine Manter, Fitness Specialist, who recently completed her training and earned certification as an Activity Professional. This comprehensive program—which includes coursework, practicum experience, and a final project—provides a solid foundation for professionals to design and deliver activities that foster connection, joy, and purpose for residents.

Katharine shared: "I'm so grateful for Emerald Heights' support in helping me achieve my Activity Professional Certification. With this training, I can now contribute to activities and programming in assisted living, memory care, and skilled nursing. I feel more well-rounded in resident services and look forward to pursuing the Activity Director Certification, with the goal of becoming an Activity Director or Wellness Program Manager in the future."

Articles

Emerald Heights Voices of Our Residents Video Series: *Now Live!*

We're excited to share the full collection of the *Voices of Our Residents* video series. These heartfelt stories showcase the vibrant lives, connections, and experiences that make our community so special.

You can now watch all the videos here: bit.ly/EmeraldHeightsVideos

These videos will be featured across our social media, newsletters, website, and advertising campaigns to help future residents learn more about life on campus and support them as they explore their options.

A sincere thank you to all the residents and team members who participated and supported this tremendous effort. And to everyone across the Emerald Heights campus, thank you for the energy, warmth, and spirit you bring every day. You help make this community what it is.

Renew your Room Reservations for 2026

As we approach the end of the year, it's time to reconfirm any meeting space reservations you'd want to continue into 2026. Because our meeting rooms are in high demand, **all existing recurring reservations must be renewed with Emma Geary by the end of the year to remain on the calendar.** Reservations not confirmed by the end of the year will be released for community use in the new year.

This annual renewal helps ensure our spaces are available for active groups and events. Rooms are booked on a first-come, first-served basis—so reach out early to secure your preferred time.

To reserve your space, contact Emma Geary, Communication Specialist at (425)556-8204 or emmag@emeraldheights.com to renew your reservation.

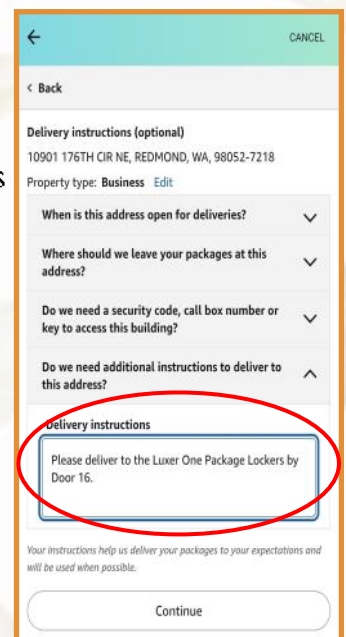
Luxer Locker Instructions for Orders from Amazon

Evergreen Lodge Residents—

When ordering from Amazon, please update your delivery instructions/preferences to include the Luxer Lockers by Door 16.

Also, please be sure to include your full name and apartment number on all deliveries.

Thank you!

A screenshot of the Amazon delivery instructions form. The form is titled "Delivery instructions (optional)" and shows the address "10901 176TH CIR NE, REDMOND, WA, 98052-7218" with "Property type: Business" and an "Edit" link. There are four dropdown menus for delivery preferences: "When is this address open for deliveries?", "Where should we leave your packages at this address?", "Do we need a security code, call box number or key to access this building?", and "Do we need additional instructions to deliver to this address?". Below these is a text input field labeled "Delivery instructions" with the placeholder text "Please deliver to the Luxer One Package Lockers by Door 16." This field is circled in red. At the bottom, there is a "Continue" button and a small note: "Your instructions help us deliver your packages to your expectations and will be used when possible."

SKIN GROWTHS: WHAT YOU NEED TO KNOW

Skin growths, or lesions, are common and can range from harmless moles to potentially serious conditions. They may result from aging, genetics, sun exposure, or infections. While most are benign, some require medical evaluation—especially if they change in size, shape, or color.

COMMON SKIN GROWTHS:

- ⇒ **Moles (Nevi):** Typically harmless pigmented spots that can vary in appearance. Monitor for changes using the ABCDE rule (Asymmetry, Border, Color, Diameter, Evolution) to detect signs of melanoma.
- ⇒ **Warts:** Caused by the HPV virus, warts can appear anywhere on the body. They are treatable with topical medications, freezing (cryotherapy), or laser therapy.
- ⇒ **Skin Tags:** Fleshy, benign growths that develop in skin folds like the neck or armpits. Removal is optional unless they cause irritation or discomfort.
- ⇒ **Keratosis:**
 - *Actinic Keratosis (AK):* Precancerous, sun-induced rough patches that may lead to squamous cell carcinoma.
 - *Seborrheic Keratosis:* Noncancerous, wart-like lesions common in older adults.
- ⇒ **Dermatofibroma & Keratoacanthoma:** Firm nodules usually from minor trauma. Keratoacanthomas grow quickly and resemble squamous cell cancer, requiring evaluation.
- ⇒ **Xanthelasma:** Yellowish plaques on the eyelids, often linked to high cholesterol. Though benign, they can be removed for cosmetic reasons.
- ⇒ **Sebaceous Cysts & Milia:**
 - *Sebaceous Cysts:* Larger bumps filled with oil that can get infected.
 - *Milia:* Small white cysts, often around the eyes. Both are usually harmless but may need removal if painful or bothersome.

WHEN TO SEEK MEDICAL HELP

Any new, changing, or symptomatic growth (e.g., bleeding, itching, color changes) should be assessed by a dermatologist promptly. Early diagnosis can improve outcomes, especially for precancerous or cancerous lesions.

Did you know OnSite Dermatology comes to our community each month?

Call (877)345-5300 to make an appointment for our next visit or register on the Portal [Here](#).

Meet the New CEO



As he shared in his introductory announcement, Ron Schaefer is eager to begin connecting with residents and team members starting day one as the new Chief Executive Officer of Emerald Communities!

We invite you to attend a welcome gathering on Monday, September 15, at 1:00 p.m. in the Pavilion. This event will provide an opportunity to hear directly from Ron, enjoy light refreshments, and formally welcome him to our community.

Ron joins Emerald Communities from EverTrue Living (formerly Lutheran Senior Services) in St. Louis, Missouri, where he has served as Chief Operating Officer since 2023. He brings extensive experience overseeing large-scale Life Plan Communities across multiple states. His proven record of collaborative, mission-driven leadership makes him exceptionally well-suited to guide Emerald Communities into its next chapter.

Redmond Fred Meyer Announces Upcoming Closure

Recent news reports show that the Redmond Fred Meyer on 76th St will be closing in the coming months. As this local store is one that our transportation team routinely takes residents to on shopping days—our Transportation Coordinator, Jorge, quickly jumped into solution mode. Once the Redmond Fred Meyer closes, transportation is planning to begin taking residents to the Bellevue Fred Meyer located at 2041 148th Ave NE. The change to a different Fred Meyer location would also make it more convenient to take residents to the Safeway at 15000 NE 24th St in Redmond and the Bank of America at 2400 148th Ave NE in Redmond. Jorge would like to hear feedback, questions, concerns, or suggestions from residents. Please contact him at jorgec@emeraldheights.com or 425-556-8105.

King County Metro Route Change

You may have noticed a sign posted by King County Metro at the public bus stop directly outside the Emerald Heights main entry. The notice states:

Beginning Saturday, August 30, Route 221 to Redmond/Eastgate Park & Ride (P&R) will be permanently deleted and will be replaced by newly created routes 222 and 223. New Route 222 to Cottage Lake will start to serve this stop. It will provide service between Downtown Redmond and Cottage Lake, replacing service for deleted Route 221. For service to Redmond/Eastside P&R: *Board Route 222 to Redmond Technology Station at this stop *Transfer to Route 223 to Eastgate P&R at Bay 1 of the Downtown Redmond Station. For more information, go to <https://bit.ly/service-change>

Building Bridges, Finding Common Ground

In today's world, it can sometimes feel like differences divide us. But at Emerald Heights, we believe in the power of conversation to bring people closer together.

Join us for a Workshop! "Bridging Social and Political Division"

Friday, September 26, 2025

10:00 a.m. – 12:00 p.m.

Emerald Room

Registration opens September 1 on the Resident Portal.

Facilitators from **Braver Angels** will guide us through engaging activities and conversations that help participants:

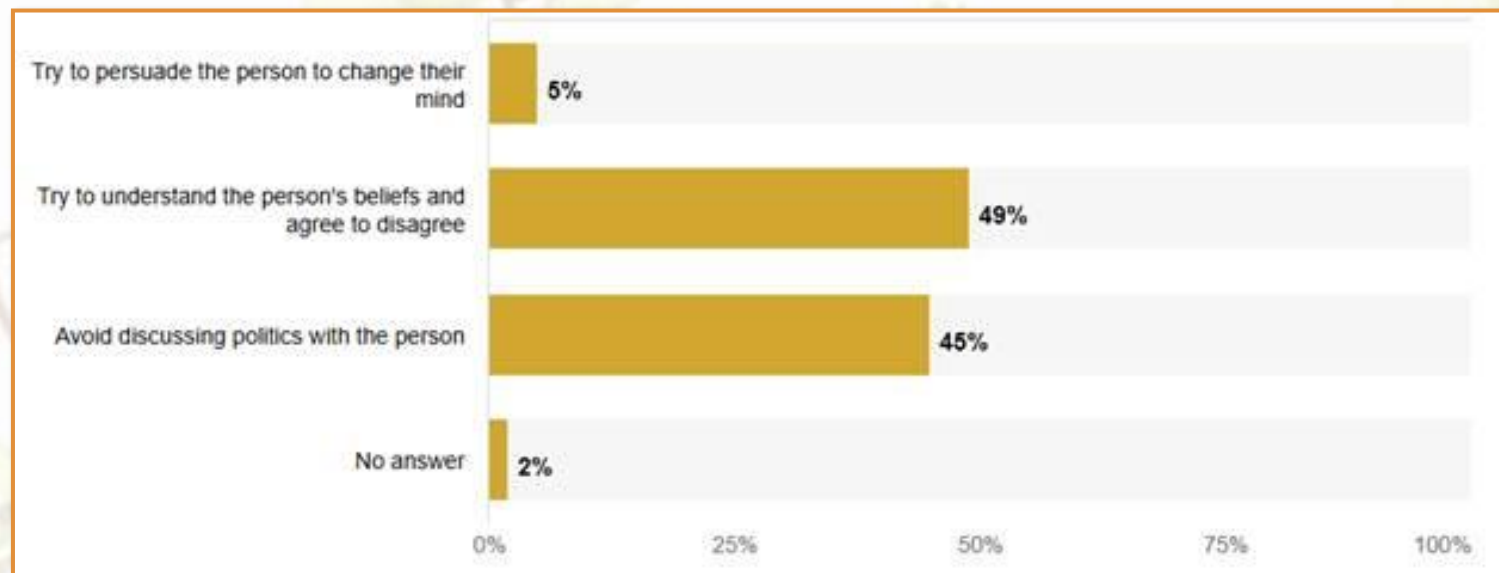
- Discover new ways to connect across differences
- Practice listening with curiosity and respect
- Reframe how we see and speak about differing views
- Create connection without consensus

This workshop will provide a welcoming space for open, respectful conversations that encourage learning, listening, and growing together as a community.

For more about Braver Angels, visit www.braverangels.org.

What do you personally think is the best thing to do when someone disagrees with you about politics?

[SOURCE: PEW RESEARCH 2024](#)



Atrium Socials

- ◇ Tues., Sept. 9, Atrium E, 4:00 p.m.
- ◇ Thurs., Sept. 11, Atrium P3, 4:00 p.m.



Monthly or Bimonthly Activities

Mondays:

Bonsai Group: 10:00 a.m., 3rd Mon., September 15, Emerald Room

Tuesdays:

Readers' Theatre Group: 1:30 p.m., 1st & 3rd Tues., September 2 & 16, Tahoma Room

Wednesday:

Forest Stewardship Group: 1:00 p.m., 3rd Wed., September 17, Avondale Room

Voices for Vision: 3:00 p.m., 4th Wed. Bimonthly, Avondale Room

Thursdays:

Ukulele Chorus: 2:00 p.m., 1st and 3rd Thurs., September 4 & 18, Avondale Room

EH Quilters: 1:30 p.m., 2nd Thurs., September 11, Creative Arts Studio

The Good Life Book Club: 1:00 p.m., 2nd Thurs., September 11, Avondale Room

All that Jazz Group: 7:00 p.m., 2nd Thurs., September 11, Avondale Room

Poker: 7:00 p.m., 2nd & 4th Thurs., September 11 & 25, Creative Arts Studio

Knitwits: 1:00 to 3:00 p.m., 4th Thurs., September 25, Atrium E

Standing Committee Meetings*

Technology Committee

Not Meeting in September

Fund Development Committee

3rd Thurs. of the month, September 18, 3:00 p.m., Tahoma Room

Food Services Committee

1st Wed. of the month, September 3, 1:00 p.m., Avondale Room

Health and Wellness Committee

4th Tues. of the month, September 23, 10:30 a.m., Avondale Room

Building and Grounds Committee

3rd Thurs. of the month, September 18, 9:00 a.m., Board Room

*All standing committee meetings are open for guests to attend

Weekly Activities

Mondays:

Painters: 9:00 a.m., Creative Arts Studio
Corn Hole: 10:30 a.m., Pavilion Plaza
Pickleball: 1:30 p.m., Departs from Lobby
Duplicate Bridge: 6:30 p.m., Avondale Room

Tuesdays:

Crafters: 1:00 p.m., Creative Arts Studio
Silver Singers Rehearsal: 3:30 p.m., AL Game Room

Wednesdays:

Garden Railroad: 10:00 a.m., Creative Arts Studio
Lawn Bowling: 10:00 a.m., Bowling Green
Mahjong: 1:00 p.m., Tahoma Room
Cribbage: 2:00 p.m., Atrium P-3
Folk Dance for Everyone: 3:30 p.m., Fitness Studio
Shanghai Rummy: 6:45 p.m., Avondale Room
Pinochle: 7:00 p.m., Tahoma Room

Thursdays:

Tech Help Hour: 1:00 p.m., Lodge Living Room

Fridays:

Scrabble: 10:00 a.m., Tahoma Room
Hand & Foot Canasta: 2:30 p.m., Tahoma Room
Education for Enjoyment: 3:00 p.m., Avondale & Sammamish Room (No session 9/19)

Saturdays:

Lawn Bowling: 10:00 a.m., Bowling Green
Craft and Connect: 10:00 a.m., Creative Arts Studio
Mexican Train, Easy Cards & Games: 2:00 p.m., Creative Arts Studio

New Resident Orientations

All Meetings are in the Tahoma Room except where noted

Review of Facilities

To occur in the first 7–10 days after move-in
Resident Apartment

Health Services Review:

1st Thursday of the month,
September 4, 2:00 p.m.

Residents Association Review with

Michael Mulroy:

This month,
September 8, 10:00 a.m., Avondale Room

Resident Services Review with

Nicole McCarthy:

2nd Wednesday of the month,
September 10, 10:00 a.m.

Dining Services Review with

Dining Services Team:

3rd Tuesday of the month,
September 16, 10:00 a.m., Copper & Hook

Marketing Review with Marketing:

4th Tuesday of the month,
September 23, 10:00 a.m.

Accounting Review with

Nicole Rutledge:

4th Wednesday of the month,
September 24, 10:00 a.m.

Final Review with Grant Linacre,

Executive Director

60 days after move-in



The Corwin/FirView Connection ~ September 2025

Monthly Highlights of Corwin/FirView Activities

Entertainment

- ♦ **Music with Dave & Lynn**
Saturday, September 6, 10:45 a.m.
Great Room
- ♦ **Country Music with Bob Cerelli,
Outdoor Wine & Cheese Social**
Friday, September 12, 3:30 p.m.
FirView outdoor gazebo
(weather permitting)
- ♦ **Nancy Quickstad & Friends**
Thursday, September 18, 4:00 p.m.
Great Room
- ♦ **Roy Baggerly on piano & Larry Burns on bass**
Every Thursday, 4:00 p.m.
Wild Flower Point

Special Events

- ♦ **Assisted Living Week: Ageless Adventure**
Monday, Sept. 8—Friday, Sept. 12

Theme Days and Special Events

Monday — *Tropical Adventure*
Tuesday — *Jungle Adventure*
Wednesday — *Around the World Adventure*
Thursday — *Camping Adventure*
Friday — *Country Adventure*



Monthly Meetings

- ♦ **Health Services Live Chat**
Wednesday, September 10, 11:00 a.m.
FirView Activity Room
- ♦ **Dining Chat**
Thursday, September 18, 2:00 p.m.
FirView Activity Room
- ♦ **Skilled Nursing Resident Council**
Monday, September 22, 11:00 a.m.
Great Room
- ♦ **Assisted Living Resident Council**
Thursday, September 25, 3:15 p.m.
FirView Activity Room

Campus Life

Health Services

Safe Drug Disposal: Old or expired medications can be taken to the QFC drop-box at 8867—161st Ave. NE, Redmond. Or click [Here](#) for more disposal sites.

On-Campus Services

Audiology: *Evergreen Speech and Hearing*

First Thursday of the month, **September 4, at 10:30 a.m.**
Tahoma Room.

Services: Clean hearing aids, replace batteries, provide hearing aid checks. No appointment necessary.

If you have questions on audiology services call Kristen Compton at (425)899-5050.

Dermatology: *OnSite Dermatology*

Registering does not guarantee an appointment. After registering, OnSite will contact you directly to discuss your need and to schedule an appointment time. You also may call them directly at 1-877-345-5300.

First Thursday of the month, **September 4**, held in your own apartment. Register for the September session before September 1: On the Portal [Here](#)
Registration for the October session opens September 5.
Register for the October 2 session by September 29:
On the Portal [Here](#)

Appointments for Independent Living residents only. Corwin Center and FirView residents should schedule with Health Services staff.

Mobility Services: *NuMotion*

Third Thursday of the month, **September 18 at 9:30 a.m.**,
Tahoma Room.

Nutritional Counseling Services: *Kat Spottswood*

Monday through Friday; 9:00 a.m.–5:00 p.m. Contact Dietician Kat Spottswood at (425)556-8190 or kats@emeraldheights.com.

Providers of Clinical Services

Located Off-Campus

To make an appointment with any of the providers listed below please contact them directly.

Podiatry Services: Podiatry Associates NW (206)420-3119
<https://www.podiatryassociatesnw.com>

Optometrist: Dr. Riskedahl – Office phone (206)618-1335

Dentist: Dr. Scott T. Andrews, DDS – Office phone (206)992-9624

**If you have questions related to providers please call Jill Jones
Health Services Administrator
at (425)556-8196.**

Note: Podiatry does not come to Emerald Heights for Independent Living residents.

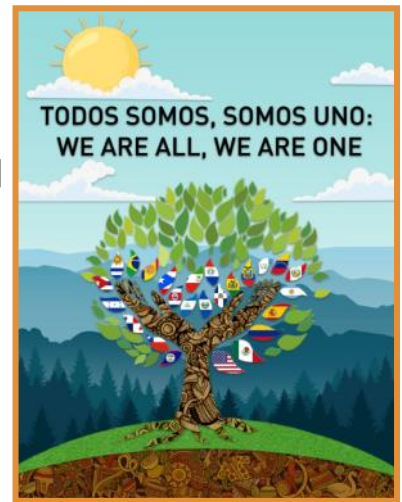


September is Hispanic Heritage Month

This September, Emerald Heights is proud to celebrate Hispanic Heritage Month! During this time, we honor the rich histories, diverse cultures, and countless contributions of people with roots in Spain, Mexico, the Caribbean, and Central and South America. Latinos have been part of shaping the United States for centuries, long before Spain's colonization and as far back as the Revolutionary War. Today, more than 60 million Latinos call the U.S. home, representing 18.9% of the total population and making up the largest racial or ethnic group in the nation.

From entrepreneurs and scientists to athletes, artists, entertainers, and public servants, Latinos continue to enrich our communities and drive progress across every field.

Want to learn more? Keep an eye out for our informational slides on 1981!



Diversity, Equity, and Inclusion Committee Meeting

The next meeting of the Diversity, Equity, and Inclusion Committee will be **Monday, September 22 at 2:00 p.m. in the Avondale Room**. The Committee Charter, Policy, Meeting Schedule, and all Meeting Minutes are on the Resident Portal under the "Resources" tab. All residents and staff are welcome and encouraged to attend these committee meetings. Contact Kaitlynd Hewitt, Administrative Services Manager, at kaitlyndh@emeraldheights.com for more info or to be put on the mailing list.

Table Talks: Hispanic Heritage Month



Randomly assigned groups will be given the opportunity to discuss the questions below at Table Talks. Let's keep the conversation going!

September Questions:

1. What has been your relationship with those of Hispanic heritage and how have you formed these relationships?
2. Have you traveled to a predominantly Spanish speaking country and immersed yourself in the culture? What did you learn?
3. Have you intentionally sought out information about those of Hispanic heritage such as a class, documentary, or museum? What did you learn?
4. Are there aspects of Hispanic traditions that you have adopted into your own life? Do you know where these traditions originated globally or in your own life?

Table Talks will occur on Thursday, September 25 at 3:00 p.m. in the Emerald Room.

Religious Services and Support Groups

Wednesdays:

Community Prayer: 11:30 a.m. in the Chapel.

Thursdays:

Bible Study: 10:30 a.m. in the Sammamish Room

Fridays:

Catholic Communion Service: 10:00 a.m. in the Avondale Room (FirView Activity Room on 9/19). Mass on September 26.

Episcopal Service and Communion with Fr. McLaurin: Fourth Friday of the month, September 26, 11:00 a.m. in the Chapel

Sundays:

BelPres Church Livestream: 11:00 a.m. in the Sammamish/Avondale rooms, FirView Activity Room

Vespers Worship Service: 4:00 p.m. in the Emerald Room with Chaplain John Waltner

The Upper Room is a daily devotional delivered bi-monthly to your message center mailbox. If interested, contact Chaplain John Waltner.

Support Groups

Alzheimer's and Dementia Caregiver Support

Tuesday, September 2

1:00 p.m. in the Sammamish Room

If you are caring for someone with Alzheimer's disease or other form of dementia, this is a time to get together with others in similar situations to share information, encouragement and hope.

MCI Support Group

Wednesday, September 3

2:00 p.m. in the Sammamish Room

Mild cognitive impairment (MCI) affects an estimated 12–18% of Americans aged 60 and older, causing changes in memory or language that are greater than normal aging but not severe enough to disrupt daily life. This group offers a place to learn, share experiences, and support one another.

Questions?

Contact Chaplain John Waltner at (425) 556-8140 or johnw@emeraldheights.com

Women's Caregiver Connect

Monday, September 15

1:00 p.m. in the AL Game Room

If you are a woman who is caring for a spouse with health or other challenges, join with other women to share support and encouragement.

Parkinson's Support

Wednesday, September 17

1:30 p.m. in the Sammamish Room

Whether you're living with Parkinson's Disease or living with someone who has Parkinson's, or are simply interested in learning more, this is a place for support and learning.

Men's Caregiver Connect

Wednesday, September 24

10:00 a.m. in the Sammamish Room

If you are a man who is caring for a spouse with health or other challenges, join with a group of men for coffee and conversation.

What's Happening: On Campus

Emerald Heights Railroad: Season Finale

Monday, September 1

11:30 a.m. — 2:00 p.m. in the Garden Railroad

This Labor Day, September 1, marks the final run of the Emerald Heights Garden Railway for 2025.



Readers' Theatre Group

Tuesdays, September 2 & 16

1:30 p.m. in the Tahoma Room

Readers' Theater will present *Reunited* by Penny Petersen, a lighthearted play about four college friends vacationing in Arizona. Unexpected guests, romantic mix-ups, and even a séance stir up surprises, but everything comes to a happy ending. Contact Ginny Ford at vpatrikford@aol.com to reserve a script.

Reflections of Our Lives: Writing Class

Wednesdays, September 3, 10, 17, & 24

10:00 a.m.–11:30 a.m. in the Avondale Room

Register on the Portal [Here](#), Limit 10; Registration Opens 8/27 @ 10:00 a.m.

In this four-session series, explore your life stories through fun, sensory-based prompts in a supportive setting. Writing Coach Nina fosters a welcoming, non-judgmental space to enjoy writing and sharing.

Lunch and Learn: Assisted Living

Wednesday, September 3

11:30 a.m. in the Rainier dining room in FirView

Curious about Assisted Living? Join our lunch with Phill Jones or Sharon Cruse, first Wednesdays monthly. Space limited to 5—Reserve early. **To register, contact Phill at (425)556-8151 or phillipj@emeraldheights.com**

MCI Support Group

Wednesday, September 3

2:00 p.m. in the Sammamish Room

See page 14 for details.

Folk Dance for Everyone

Wednesdays, September 3, 10, 17, 24

3:30 p.m. in the Fitness Studio

Join resident Bob Cohen, an experienced folk dance teacher, for approachable line and circle dances that don't require a partner. Enjoy cultural music while learning at a comfortable pace.

Bible Study: Pastor Jeff Reed Presents “What was Finished?”

Thursdays, September 4, 11, 18, & 25

10:30 a.m. in the Sammamish Room

Take a thoughtful look at what Jesus accomplished by dying on the cross, exploring different theories about its purpose, the problem it addressed, and the solution it offered.

Tech Help Hour

Thursdays, September 4, 11, 18 & 25

1:00 p.m. in the Evergreen Lodge Living Room

Resident volunteers are available to try to help with phones, tablets, or laptops.

Furniture Sale

Thursday, Sept. 4—Saturday, Sept. 6

Variable times (see schedule on right)

Furniture Room on 4th Floor

All sales are final with no returns.

Schedule:

Preview Day: Thurs., Sept. 4, 1 p.m.–3 p.m.

Sale Day: Fri., Sept. 5, 9 a.m.–1 p.m.

Half-Price Day: Sat., Sept. 6, 10 a.m.–12 p.m.

Autumn Loteria Bingo

Thursday, September 4

2:00 p.m. in the Emerald Room

Celebrate Hispanic Heritage Month with a lively bingo game featuring Spanish words and pictures, plus a musical serenade by Erman. Enjoy delicious Mexican cookies, candies, and Pan Dulce.

Readers’ Theatre Fall Play: Auditions

Thursday, September 4

6:30 p.m. in the Emerald Room

Readers’ Theater will hold auditions for *All Roads Lead to...Somewhere*, an original play by resident Lindy Thompson. Roles are available for seven actors and a narrator. See page 21 for play details. Contact Ginny Ford with questions: vpatrickford@aol.com.

Thrift Shop

Friday, September 5

10:00 a.m. to 2:00 p.m. in the Thrift Shop

Grant’s Live Chat

Friday, September 5

1:00 p.m. in the Emerald Room and Channel 1981

Grant Linacre, Executive Director, shares campus updates in this monthly program.

Education for Enjoyment: *The Aging Brain*

Fridays, September 5, 12, & 26 (No session 9/19)

3:00 p.m. in the Avondale & Sammamish Rooms

Across 12 lectures, you'll learn the science behind brain aging and practical strategies to maintain health, sharpness, and quality of life into old age.



Craft & Connect

Saturdays, September 6, 13, 20 & 27

10:00 a.m.–12:00 p.m. in the Creative Arts Studio

Please join Casey Luria and other resident crafters for a morning of crafting, creating and socializing.

Fall Fling Sing-Along

Monday, September 8

3:00 p.m. in the Emerald Room

Join the Chorale group for this Broadway tune sing-along. We'll introduce Karen Nelson, our outstanding music director, as we prepare for our December Holiday Performing Arts Production. No auditions are required to join the chorale. With Judy Thiel at the piano and a great songbook, come sing with us.

KCLS Library To Go

Tuesday, September 9

9:00 a.m.—10:00 a.m. in the Tahoma Room

Access KCLS library books. Pick up holds, browse shelves, and return books by 7 p.m. Monday or Tuesday morning in the Tahoma Room. Bring your own bag.

Quarterly Residents' Association Meeting

Tuesday, September 9

10:30 a.m. in the Pavilion and Channel 1981

Come meet our new neighbors, help recognize our milestone residents and hear Administration reports. Please sign-in outside the Pavilion so quorum can be met.

Sweety's Painting Class

Thursday, September 11

10:00 a.m. in the Creative Arts Studio

Register on the Portal [Here](#); Limit: 10

Sweety will provide all of the supplies for you, including a 22"x 14" canvas, acrylic oil paints and the brushes. Sweety will guide you from start to finish, and you will leave with a completed work of art.

The Good Life Book Club: *A Burning in my Bones* by Winn Collier, authorized biography of Eugene H. Peterson

Thursday, September 11

1:00 p.m. in the Avondale Room

Our September book is the biography of Eugene Peterson, pastor and translator of *The Message*, the Bible used by millions. Drawing on their friendship, Collier offers a beautiful, intimate and earthy look into Peterson's remarkable life. Our October book and film features Jane Austen's *Pride and Prejudice*.

Focus on Fitness: *Avoiding Falls and Improving Balance*

Thursday, September 11

2:00 p.m. in the Emerald Room

If you find yourself saying "I just don't feel as stable as I used to," this session is for you. Following up on what the Physical Therapy department can do for you, Alex and Katharine will team up to detail out some of the causes of instability, loss of balance, and the steps to take with the Fitness Team to combat it.

The Bonsai Group: *Ikebana Workshop with Charles Coghlan*

Monday, September 15

10:00 a.m. in the Sammamish Room

Register on the Portal [Here](#); Limit 20

The Bonsai Group has invited Charles Coghlan, the guest Ikebana speaker from last month's meeting, to hold a workshop where the participants will create their own Ikebana arrangements with his guidance. All supplies will be provided. The flowers made available for their use will be quality artificial materials.



Meet the New CEO: *Ron Schaefer*

Monday, September 15

1:00 p.m. in the Pavilion

This event will provide an opportunity to hear directly from Ron, enjoy light refreshments, and formally welcome him to our community. See page 7 for details.

Your Clothing Solutions

Wednesday, September 17

11:00 a.m.—2:00 p.m. in the Emerald Room

Browse blouses, pants, jackets, jewelry, and more. Visa and MasterCard accepted.

Forest Stewardship Panel Presentation

Wednesday, September 17

1:00 p.m. in the Avondale Room

The Forest Stewardship Interest Group is a newly-formed resident group with the mission of improving the health of our forest. Maya Klem, coordinator of the Green Redmond Partnership, and two EH residents, Ann Kruse and Nan Cohen, will discuss how other communities have handled similar projects.



September Birthday Celebration: Trish Hately

Friday, September 19

7:30 p.m. in the Emerald Room and Channel 1981

Celebrate September birthdays with an evening of jazz and a sweet treat.

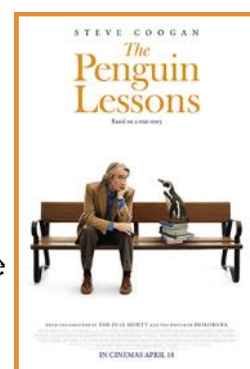
Monday Matinee: The Penguin Lessons

Monday, September 22

1:00 p.m. in the Emerald Room

Set during the 1976 coup in Argentina, this film follows an English teacher whose life changes after he rescues a penguin and brings it to his school, where the bird's presence inspires positivity. Freshly popped popcorn provided.

2024, PG-13, 1 Hour 51 Minutes



Voices for Vision

Wednesday, September 24

3:00 p.m. in the Avondale Room

Join others with low vision in sharing tips, learning new skills, and taking steps in discovering ways for enhancing your life. This is an open meeting. Questions? Contact Lois Farris at (425) 298-4455.

Autumn Evening of Remembrance

Wednesday, September 24

7:00 p.m. in the Emerald Room & Channel 1981

The changing seasons prompt us to reflect on the changing seasons of life. Join us for a time of remembering and honoring those from our community we have lost in death through the Spring and Summer. Perhaps their families chose not to have a memorial service here, or you were unable to attend, or you would simply like to again remember and honor all those who have been part of our lives. Join us as remember and honor these dear friends and members of the Emerald Heights community.

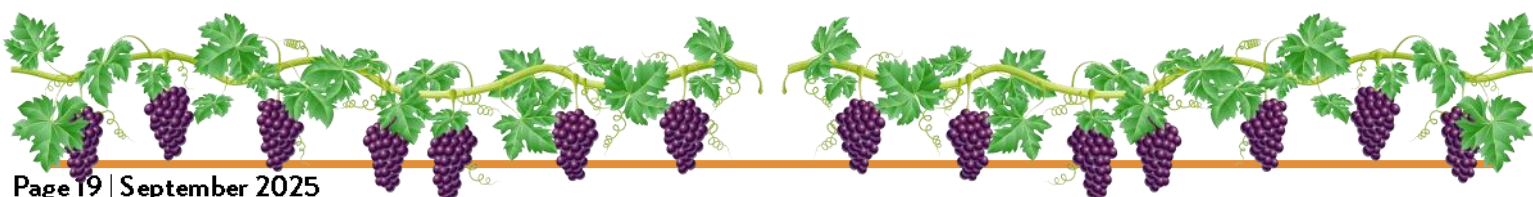


Table Talks: Hispanic Heritage Month

Thursday, September 25

3:00 p.m. in the Emerald Room

Come take a seat at Table Talks, where we will center our conversations on our knowledge of Hispanic heritage and traditions. Table groups will be assigned at random to help you connect with new neighbors and perspectives. As you engage in meaningful dialogue, enjoy a variety of snacks. Table Talks is an open, welcoming space designed to spark thoughtful conversations about important topics as we navigate a constantly changing world.

Braver Angels Workshop: Bridging Social and Political Division

Friday, September 26

10:00 a.m.–12:00 p.m. in the Emerald Room

Register on the Portal [Here](#); Limit 50

See page 8 for details.

Social Hour: Last Friday of the Month

Friday, September 26

4:45 p.m.–6:00 p.m. in the Pavilion Plaza (Weather permitting)

Have a glass of wine or sparkling cider while socializing. Sponsored by the Residents' Association.



Thrift Shop Collection

Monday, September 29

10:00 a.m.–12:30 p.m. in the Tahoma Room

Film for Thought: (500) Days of Summer (2009)

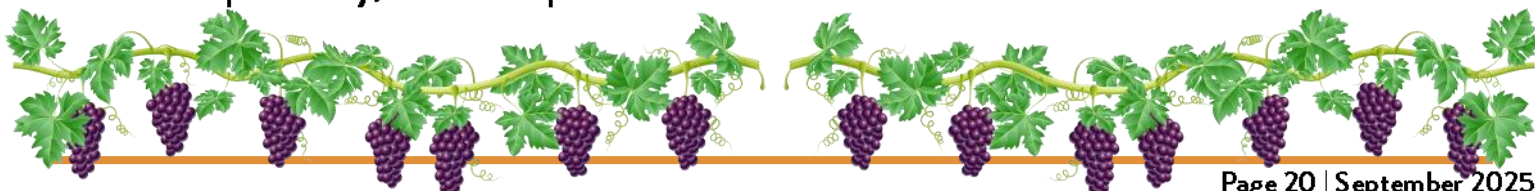
Tuesday, September 30

1:00 p.m. in the Emerald Room; Discussion begins at ~2:30 p.m.

(500) Days of Summer follows hopeless romantic Tom Hansen as he reflects on a failed relationship. Through inventive storytelling techniques, the film explores the contrast between expectation and reality, told through the crumbling rose-colored perspective of its unreliable narrator. In addition to our usual post-viewing discussion, there will be a brief examination of the “Manic Pixie Dream Girl” trope and the mischaracterization of quirky women in media. We will also touch on how the movie *Elizabethtown* (streaming on Channel 1981; See page 27 for details) encapsulates the trope. Popcorn provided.



Rated PG-13 | Comedy, Romance | 1 hr 35 mins runtime + 5 min intermission + 1 hr discussion



What's Happening: Coming Attractions

Readers' Theatre Fall Play: *All Roads Lead to... Somewhere*

Wednesday, October 1 at 2:00 p.m. in the Emerald Room

and Thursday, October 2 at 7:00 p.m. in the Pavilion

What does a famous Robert Frost poem, a chance meeting over pickle making and some odd lights in the night sky have to do with one another? You'll find out in this original comedy, written by resident, Lindy Thompson. Set at Eagle Ridge Retirement Community, the play follows three couples sharing funny and thought-provoking stories about life-changing decisions. When a hilarious unexpected guest shows up, our couples learn that "all roads lead to...somewhere."

Bavarian Bash: Oktoberfest

Saturday, October 4

Doors Open at 6:00 p.m.; Band begins performing at 7:00 p.m. in the Pavilion

This will be a traditional social event including beer, pretzels and live music by The Bavarian Dance Band. Wear your dancing shoes to kick up your heels on the dance floor.

Movie Matinee: *Pride and Prejudice* (2005)

Tuesday, October 7

2:00 p.m. in the Emerald Room

This event is held in conjunction with the *The Good Life* book club whose October book is Jane Austen's *Pride and Prejudice*. When Elizabeth Bennet meets the handsome Mr. Darcy, she believes he is the last man she could ever marry, but as their lives become intertwined, she finds herself captivated by the man she has sworn to hate forever.

2005, PG, 2 hours



What's Happening: Trips

PLEASE NOTE: Event registration on the Portal does not open until September 1, 10:00 a.m.

For wheelchair accommodations, contact Vicky Neil at (425)556-8204.

Leaderless trips are marked with an icon:



Pickleball: Recreational Play

Register on the Portal [Here](#)

Mondays, September 8, 15, 22, & 29

Location: Redmond

Departure Time: 1:30 p.m. (Front Lobby)

Estimated Return Time: 3:30 p.m.

Cost: Court costs vary per session

Transportation: Free

**Cancellation Deadline: Noon the Thursday prior
Limit: 9**

Contact: Mike Mulroy (206)200-8282

Pickleball continues on Mondays. New players welcome—call Mike Mulroy to join.

Fitness Department Hike: Meadowdale Beach Park**[Register on the Portal Here](#)****Friday, September 12****Location: Edmonds****Departure Time: 8:00 a.m.****Estimated Return Time: 2:00 p.m.****Transportation Cost: \$12.77****Cancellation Deadline: Wednesday, Sept. 10****Limit: 13**

A beautiful 108-acre park that was originally designated as hike-in only when it was built. This 2.5 miles out and back with 425 foot elevation gain has just about everything for late summer walk. We rated it a [II] for uneven terrain and the elevation. Dress in layers, bring snacks and water.

Block Party Quilt Show**[Register on the Portal Here](#)****Friday, September 12****Location: Issaquah****Departure Time: 1:00 p.m.****Estimated Return Time: 5:30 p.m.****Cost: \$10.00 entry fee****Transportation: \$11.03****Cancellation Deadline: Wednesday, Sept. 10****Limit: 17**

This quilt show will feature over 190 beautiful quilts, including two by Emerald Heights residents. There will be many booths with vendors, a Tearoom to sit down and have a beverage, and door prizes.

**Lunch Bunch: Matador****[Register on the Portal Here](#)****Friday, September 19****Location: Redmond****Departure Time: 1:15 p.m.****Estimated Return Time: 3:45 p.m.****Cost: Lunch on your own****Transportation: Free****Cancellation Deadline: Wednesday, Sept. 17****Limit: 14**

The Matador serves fresh Tex-Mex cuisine and premium tequilas in an inviting social atmosphere with amber lighting and unique, hacienda-inspired décor.

**Ballard Elks Club: Matt Weiner's Noonatics****[Register on the Portal Here](#)****Sunday, September 21****Location: Ballard****Departure Time: 12:15 p.m.****Estimated Return Time: 4:30 p.m.****Cost: \$20.00 cash cover charge, food/beverage****on your own****Transportation: \$13.45****Cancellation Deadline: Thursday, Sept. 18****Limit: 14**

Residents who love jazz are up for a great afternoon of music, merriment, and lunch. The Noonatics are Matt Weiner, tenor banjo; Jonathan Doyle, bass saxophone; Andrew Oliver, piano; Jacob Zimmerman, clarinet; Paul Woltz, alto saxophone. This group is fond of the old Jimmie Noone's Orchestra music.



Snoqualmie Casino

Register on the Portal [Here](#)

Monday, September 22

Location: Snoqualmie

Departure Time: 9:00 a.m.

Estimated Return Time: 3:30 p.m.

Cost: All costs are on your own

Transportation Cost: \$19.03

Cancellation Deadline: Thursday, Sept. 18

Limit: 9

Snoqualmie Casino offers 1,700 state-of-the-art slot machines, 59 classic gaming tables featuring Baccarat, Fortune Pai Gow, and Roulette, among others. Enjoy award-winning dining venues with dishes prepared by acclaimed chefs using local ingredients.

Burke Museum

Register on the Portal [Here](#)

Tuesday, September 23

Location: Seattle

Departure Time: 1:30 p.m.

Estimated Return Time: 4:30 p.m.

Cost: \$22.00 entry fee + staff cost

Transportation: \$10.23

Cancellation Deadline: Thursday, Sept. 18

Limit: 17

The Burke Museum at the University of Washington features dinosaurs, fossils, Northwest Native art, plant and animal collections, and cultural pieces from around the world. Visitors can explore working labs, unique artifacts, and interactive galleries that inspire learning, curiosity, and connection.

Fitness Department Walk: Farrel-McWhirter Park

Register on the Portal [Here](#)

Friday, September 26

Location: Redmond

Departure Time: 10:00 a.m.

Estimated Return Time: 2:00 p.m.

Transportation Cost: Free

Cancellation Deadline: Wednesday, Sept. 24

Limit: 13

A nice easy walk with 2.2-mile round trip, with a 98-foot elevation gain. This nearby park has natural areas, animal barns, and picnic tables. We rated it a [II] for uneven ground and a little elevation. Bring a snack, dress in layers.

Brew Pub Trip: Big Time Brewery & Alehouse

Register on the Portal [Here](#)

Friday, September 26

Location: Seattle

Departure Time: 1:00 p.m.

Estimated Return Time: 5:30 p.m.

Cost: Food/beverage on your own + staff costs

Transportation: \$9.73

Cancellation Deadline: Wednesday, Sept. 24

Limit: 17

Big Time Brewery, founded in 1988, is a family-owned brewery known for its quality beers and locally sourced food. With a welcoming, casual atmosphere, it's a place for great drinks and greater company.

Seattle Waterfront Trip

Register on the Portal [Here](#)

Monday, September 29

Location: Seattle

Departure Time: 10:30 a.m.

Estimated Return Time: 2:30 p.m.

Cost: All costs are on your own

Transportation: \$11.65

Cancellation Deadline: Thursday, Sept. 25

Limit: 16

Explore the new Seattle Waterfront with two hours to enjoy lunch, shopping, and the sights at your own pace. The trip includes a scenic half-hour downtown tour on the return ride.

Walk to End Alzheimer's

Register on the Portal [Here](#)

Saturday, October 4

Location: Seattle Center

Departure Time: 8:45 a.m.

Estimated Return Time: 12:00 p.m.

Transportation Cost: Free

Cancellation Deadline: Friday, October 3

Limit: 13

Emerald Heights staff and residents will join the Walk to End Alzheimer's at Seattle Center, completing a 1.5-mile course to raise awareness and funds. **If you are walking, be sure to register online for the walk and sign up for transportation on the Portal.**

1. Go to act.alz.org and click "Walk to End Alzheimer's" link or click [Here](#)
2. Click "Find a Team"
3. In the search box under "Find a Team", type "EmeraldHeights" (no space), click enter
4. Click "EmeraldHeights" when it pops up
5. Click "Join Our Team" button and follow the directions until registered
6. **To save a spot on the bus** you must also register on the Portal [Here](#).

Questions? Contact Chaplain John Waltner, Team Captain, at (425)556-8138

The National Archives at Seattle: Docent Tour

Register on the Portal [Here](#)

Monday, October 6

Location: Seattle

Departure Time: 8:45 a.m.

Estimated Return Time: 12:30 p.m.

Cost: Free

Transportation: \$11.09

Cancellation Deadline: Thursday, October 2

Limit: 13 (If there is a large waitlist, a second trip may be planned)

In honor of Family History Month, we will be going to the National Archives at Seattle for a docent tour. You will see original historical documents, photographs, maps, drawings, artifacts, and more, from nearly 100 Federal agencies.



What's Happening: Shopping Trips

Register on Portal for all Shopping Trips
Deadline for all shopping trips: Noon the day before
Questions? Contact Jorge (425)556-8105

Weekly Grocery Shopping:

Monday Grocery Shopping

Departure: 10:00 a.m.

Estimated Return: Noon

Redmond Fred Meyer & Bear Creek Safeway, Bank of America, U.S. Bank & Washington Federal

Friday Grocery Shopping

Departure: 10:00 a.m.

Estimated Return: Noon

QFC, both new & old, Trader Joe's, Bartell Drugs at Bella Bottega, Wells Fargo, Chase Bank, Bank of Washington & Columbia Bank

Costco Shopping Trip

Wednesday, September 10

Departure: 2:00 p.m.

Estimated Return: 4:00 p.m.

Register on the Portal [Here](#)

Limit 12

PCC Shopping Trip

Wednesday, September 17

Departure: 2:00 p.m.

Estimated Return: 3:30 p.m.

Register on the Portal [Here](#)

Limit 6

Bellevue Square Shopping Trip

Monday, September 15

Departure: 1:00 p.m.

Estimated Return: 4:00 p.m.

Register on the Portal [Here](#)

Limit 12

Costco Shopping Trip

Wednesday, September 24

Departure: 2:00 p.m.

Estimated Return: 4:00 p.m.

Register on the Portal [Here](#)

Limit 12

NOTICE

**No grocery shopping on Monday, Sept. 1
due to Labor Day holiday.**

No Medical transportation on Sept. 2

**Personal transportation is available for
a fee. Contact Jorge Cartagena at
(425)556-8105 for more information.**



Channel 1981 Exclusives

Programs

National Hispanic Heritage Month

Mondays, September 1, 8, 15, 22, & 29

1:00 p.m. on Channel 1981

From September 15 through October 15th, join in the nationwide celebration of Hispanic Heritage Month. This video provides just a sample of the people and places of the Department of the Interior that showcase the diversity of the Hispanic experience.

5 minute program



Keeping Our Spirits Up in 2025

Tuesday, September 2, 10:30 a.m.

Chaplain John delivers a half hour of inspiration, commentary and occasional silliness to encourage our positivity through challenging times and, let's face it, we're always living in challenging times.

Ted Talk: *My Identity is a superpower — not an obstacle*

Fridays, September 5, 12, 19, & 26

6:00 p.m. on Channel 1981

Hollywood needs to stop resisting what the world actually looks like, says actor, director and activist America Ferrera. Tracing the contours of her career, she calls for more authentic representation of different cultures in media —and a shift in how we tell our stories. "Presence creates possibility," she says. "Who we see thriving in the world teaches us how to see ourselves, how to think about our own value, how to dream about our futures."

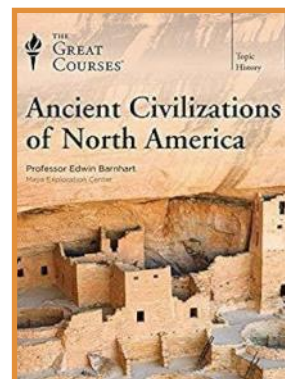
14 minute program

Great Courses on 1981: Ancient Civilizations of North America

Mondays, September 8, 15, 22, & 29

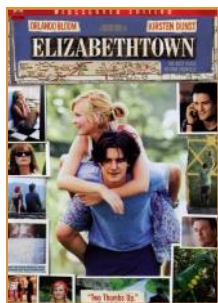
6:45 p.m. on Channel 1981

Ancient Civilizations of North America, led by Professor Edwin Barnhart, reveals the true histories of native cultures through modern archaeology and fresh perspectives. Discover the rich and complex civilizations that thrived long before European colonization.



Channel 1981 Exclusives

Movies



Elizabethtown

September 2, 19, & 28

12:00 p.m. on Channel 1981

During a hometown memorial for his Kentucky-born father, a young man begins an unexpected romance with a too-good-to-be-true stewardess. **If you attend *Film for Thought*, this movie will be brought up in the discussion on September 30.**

2005, PG-13, 2 hours



Butch Cassidy and the Sundance Kid

Thursday, September 11

6:45 p.m. on Channel 1981

This film tells the true story of Butch Cassidy and the Sundance Kid, featuring fast-draws, wild rides, robberies, a passionate love affair, and a new life in Bolivia.

1969, PG, 1 Hour 50 Minutes



On Golden Pond

Saturday, September 27

6:45 p.m. on Channel 1981

An aging couple spends the summer at their Golden Pond retreat, where the visit of their daughter, her fiancée, and his teenage son leads to unexpected bonding and a chance to mend a strained father-daughter relationship.

1981, PG, 1 Hour 49 Minutes

The Fitness Trifecta: 7 days a week

8:15-9:00 a.m.: Total Body Fitness

Takes you through strength and mobility exercises.

9:00-9:45 a.m.: Posture and Balance

Strength and skill-building for fall prevention.

10:00-10:30 a.m.: Seated Zumba Gold

Energetic seated exercise class.

Questions about fitness?

Contact Alexandra Clark, Wellness Programs Manager, at (425)556-8186 or alexandrac@emeraldheights.com

KHTS Schedule on Channel 1981

Special Programs: 10:30 a.m., 2:00 p.m. & 9:00 p.m.

Please refer to the Daily Schedule for listings of the week's selections provided by your dedicated KHTS team. The 10:30 a.m., 2:00 p.m. and 9:00 p.m. programs change on Mondays.

Picture Perfect Cover Photo Competition: *Winners*

After months of waiting, we present to you the winners of the Picture Perfect Cover Photo contest! Winners were chosen by a community vote. The first place winner won \$20 worth of Gift Cards to the Grab N' Go and their photo submission is pictured on the cover of this month's *The View* issue. Second and third place submissions received \$10 and \$5 Gift Cards, respectively.



Second Place

Bob Ford
Emerald Heights Trail

First Place

Diane Hicks
Emerald Heights

Third Place

David Nelson
Neahkanie Beach, OR

Congratulations to our winners and thank you to everyone who participated. We will likely do more photo competitions in the future so be sure to collect those pics!



▲ Bill Bartley
▼ Carter Hill

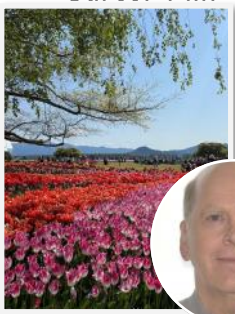
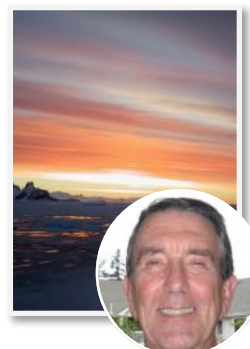


▲ Diane Chien
▼ Ginny Ford



▲ Jane Ramsay
▼ Lorna Diesen

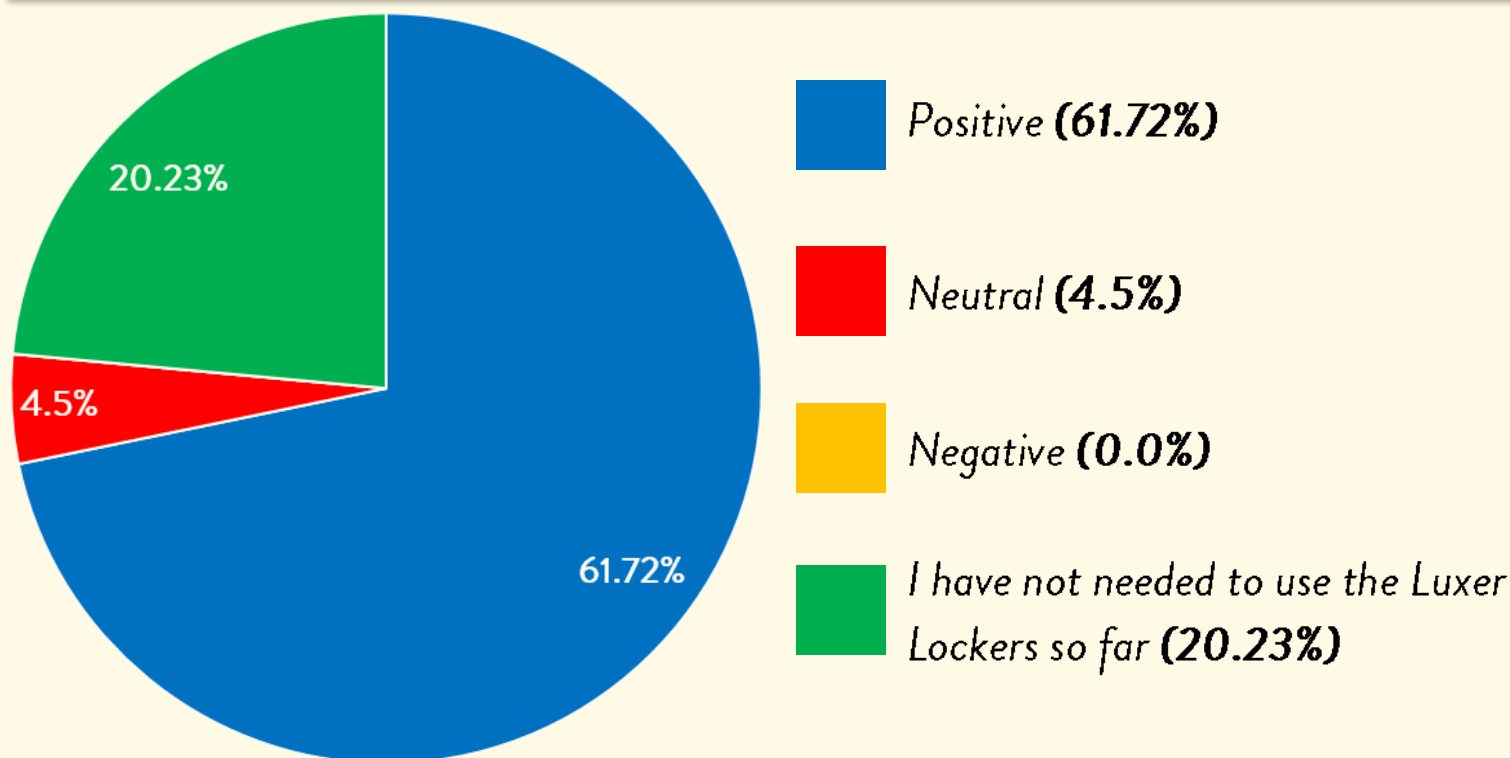
▼ Tom Stoebe



August Survey Results

Last month, we surveyed residents on their experience with the new Luxor lockers. In perhaps our most overwhelmingly positive survey to date, there was not a single negative experience reported by the 85 survey participants! We appreciate Kaitlynd Hewitt and the Concierge team for their dedication to ensuring the rollout of this new package-retrieving system went as smoothly as possible.

In general, how has your experience with the new Luxer Lockers been?



Please describe your experience in more detail. What has gone well, and what suggestions do you have for improvement?

Most comments reiterated their positive experience with the lockers, noting they are easy to use and conveniently accessible at all hours, which means no more lines for packages at Concierge.

Some residents had questions regarding how it is used, what to do when losing the code, and some other questions relating to the app or the process.

Since the survey is anonymous, we have no way to directly respond to these inquiries. If you have questions about the Luxor lockers, please contact the Concierge team or Kaitlynd Hewitt (kaitlyndh@emeraldheights.com) for answers.

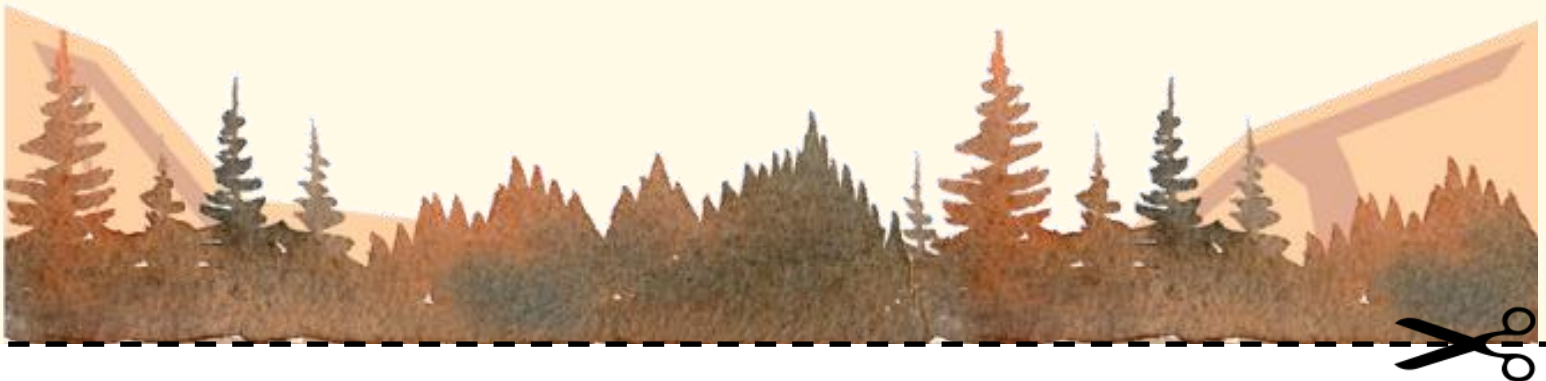
September Poll

How to Participate:

Each month we have a survey or poll that residents can take part in. Collected resident responses may be shared in future newsletters and will provide valuable insights on ways to enhance our community. The identities of the responders are anonymous.

Write your answer, cut along the dotted lines at the bottom of the page, and submit your response to Concierge or Emma Geary in Resident Services.

A digital version on the survey can be accessed [Here](#).



September Poll

We are conducting this survey to gather information on how residents access Portal registration pages.
Please answer the question below:

1. How do you typically access registration events on the Resident Portal?

- ☐ Through the Calendar page (Portal Home Page > Events dropdown menu > Calendar)
- ☐ Through the Upcoming Events page (Portal Home Page > Events dropdown menu > Upcoming Events)
- ☐ Through the “Featured Events” section under announcements on the home page (Scrolling down the Announcements box to the bottom)
- ☐ Through the links provided in the *The View* newsletter
- ☐ Other (please explain how you access registration): _____

Submit to Concierge or Emma Geary in Resident Services by **September 15**.



EMERALD HEIGHTS
REDMOND

A MEMBER OF EMERALD COMMUNITIES

