2025

(1) ♦ = Events shown in Emerald Room AND Channel 1981
(2) Fitness Trifecta {8:15 a.m. Total Body Fitness; 9 a.m. Posture and Balance and 10 a.m. Seated Zumba Gold}
(3) Bold indicates an off-Campus event or special notice. <u>Underlined</u> indicates notable event.

<u>EH Meeting Spaces and Room Key</u>:

EMR	Emerald Room
AVR	Avondale Room
SAM	Sammamish Room
PAV	Pavilion = (EMR+SAM+AVR)
CAS	Creative Arts Studio
TAH	Tahoma Room
BR	Board Room
LR	Living Room
FS	Fitness Studio
C&H	*Copper & Hook*
TV	Channel 1981 Exclusive

<u>Corwin Center:</u>

AL GR	AL Game Room
AL TV	AL TV Room
AL L	AL Library/Lounge
GR	Great Room

<u>FirView:</u>

FV AR	FirView Activity Room

<u>Outdoor Spaces</u>:

PP	Pavilion Plaza
SQ	Sequoia Square
RR	Garden Railroad

TBD = Location To Be Determined.
Check Portal, Daily Schedule, and Channel 1981 for most up-to-date event information

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:15 a.m. Fitness Trifecta, TV 10 a.m. Craft & Connect, CAS <u>12 p.m. Expressions Intergenerational Arts Carnival, PAV</u> 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS **3:15 p.m. Depart: Redmond Tech Orchestra, Redmond**
2 8:15 a.m. Fitness Trifecta, TV 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 4 p.m. Worship with Chaplain Waltner, EMR Daylight Savings Time Ends: Set your clocks back an hour	**3** 8:15 a.m. Fitness Trifecta, TV 9 a.m. Monday Painters, CAS **10 a.m. Depart: Grocery Shopping** 10 a.m. Residents' Association Review, AVR 10:30 a.m. Corn Hole, AL GR 10:30 a.m. Virtual Reality Experience, SAM **1:30 p.m. Depart: Pickleball, Redmond** 2 p.m. DEI Event Planning Mtg, AVR 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	**4** 8:15 a.m. Fitness Trifecta, TV 10:30 a.m. *Keeping Our Spirits Up*, TV 11 a.m. Technology Committee, SAM 1 p.m. Alzheimer's and Dementia Caregiver Support, SAM 1 p.m. Let's Play Chess, EMR 1:30 p.m. Readers' Theatre, TAH 3:30 p.m. Silver Singers Rehearsal, AL GR	**5** 8:15 a.m. Fitness Trifecta, TV 9:30 a.m. Writing Class A, AVR 10 a.m. Garden Railroad, CAS 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 11:30 a.m. Lunch & Learn, Rainier DR 1 p.m. Mahjong, TAH 1 p.m. Food Services Committee, AVR 2 p.m. Memory Matters, SAM 2 p.m. Cribbage, Atrium P3 <u>2 p.m. The Balanced Care Method, EMR</u> **2 p.m. Depart: Costco Shopping, Redmond** 3:30 p.m. Folk Dance for Everyone, FS 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	**6** 8:15 a.m. Fitness Trifecta, TV 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 2 p.m. Health Services Review, TAH 2 p.m. Ukulele Chorus, AVR <u>2 p.m. Entertainment: Janet & Clayton, EMR</u> **6:30 p.m. Depart: Seattle Symphony, Seattle**	**7** 8:15 a.m. Fitness Trifecta, TV 10 a.m. Catholic Communion Service, AVR <u>10 a.m. Make & Take: Christmas Card Making, CAS</u> **10 a.m. Depart: Grocery Shopping** 1 p.m. Grant's Live Chat, EMR♦ **1 p.m. Depart: Southwest Seattle Historical Society, Seattle** 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, SAM & AVR	**8** 8:15 a.m. Fitness Trifecta, TV 10 a.m. Craft & Connect, CAS **12 p.m. Depart: Sky Performing Arts, Monroe** 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 8:15 a.m. Fitness Trifecta, TV 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 4 p.m. Worship with Chaplain Waltner, EMR 7 p.m. Boeing Employee Choir Concert, EMR	**10** 8:15 a.m. Fitness Trifecta, TV 9 a.m. Monday Painters, CAS **9 a.m. Depart: Breakfast Outing: Maltby Café, Snohomish** **10 a.m. Depart: Grocery Shopping** 10:30 a.m. Corn Hole, AL GR **1:30 p.m. Depart: Pickleball, Redmond** 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	**11** 8:15 a.m. Fitness Trifecta, TV 10:30 a.m. Annual Residents' Association Business Meeting, PAV♦ 1 p.m. Let's Play Chess, CAS 2:30 p.m. Trips and Events Committee Mtg., SAM 3:30 p.m. Silver Singers Rehearsal, AL GR 4 p.m. Atrium E Social, Atrium E	**12** 8:15 a.m. Fitness Trifecta, TV 9 a.m. KCLS Library to Go, SAM 9:30 a.m. Writing Class A, AVR 10 a.m. Garden Railroad, CAS 10 a.m. Resident Services Review, TAH 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Cribbage, Atrium P3 2 p.m. The Art of Comfort: A Journey through Palliative Care, EMR **2 p.m. Depart: PCC Shopping, Redmond** 3:30 p.m. Folk Dance for Everyone, FS 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	**13** 8:15 a.m. Fitness Trifecta, TV 10:30 a.m. Bible Study, SAM 10:30 a.m. Evergreen Speech and Hearing, TAH 10:30 a.m. Darlene's Artistic Haven, CAS 1 p.m. Tech Help, LR 1 p.m. The Good Life Book Club, AVR 1:30 p.m. EH Quilters, CAS 2 p.m. Focus on Fitness, EMR 3:30 p.m. Que Sera! Doris Day Tribute Show, EMR 4 p.m. Atrium P3 Social, Atrium P3 **6:15 p.m. Depart: Dinner and a Show, Redmond** 6:45 p.m. Movie, TV 7 p.m. All That Jazz Group, AVR 7 p.m. Poker, CAS	**14** 8:15 a.m. Fitness Trifecta, TV 10 a.m. Catholic Communion Service, AVR **10 a.m. Depart: Grocery Shopping** 10:30 a.m.. Home-Based Services, EMR **1 p.m. Depart: Target & Kohls Shopping Trip, Redmond** 1 p.m. Redmond Police Presentation: Avoiding Scams, EMR 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment , SAM & AVR	**15** 8:15 a.m. Fitness Trifecta, TV 10 a.m. Craft & Connect, CAS 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS 7 p.m. Silver Singers Performance, PAV
16 8:15 a.m. Fitness Trifecta, TV 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR **1:15 p.m. Depart: Redmond High School Drama, Redmond** 4 p.m. Worship with Chaplain Waltner, EMR	**17** 8:15 a.m. Fitness Trifecta, TV 9 a.m. Monday Painters, CAS 9:30 a.m. Fitness Class Demo Day, FS **10 a.m. Depart: Grocery Shopping** 10:30 a.m. Corn Hole, AL GR 1 p.m. Women's Caregiver Connect, SAM 1 p.m. Turning Page Book Club, AVR **1 p.m. Depart: *Bellevue Square* Shopping, Bellevue** **1:30 p.m. Depart: Pickleball, Redmond** 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	**18** 8:15 a.m. Fitness Trifecta, TV 10 a.m. Dining Services Review, *C&H* 10 a.m. Thrift Shop: Holiday Sale, SAM 1 p.m. Let's Play Chess, CAS 1:30 p.m. Readers' Theatre, TAH 2 p.m. Medic One: First Aid, EMR 3:30 p.m. Silver Singers Rehearsal, AL GR	**19** 8:15 a.m. Fitness Trifecta, TV 9:30 a.m. Writing Class A, AVR 10 a.m. Garden Railroad, CAS 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 1 p.m. City of Redmond: The City's Efforts to Monitor and Improve Our Waterways, EMR 1:30 p.m. Parkinson's Support, SAM 2 p.m. Cribbage, Atrium P3 **2 p.m. Depart: Costco Shopping, Redmond** 3:30 p.m. Folk Dance for Everyone, FS 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	**20** 8:15 a.m. Fitness Trifecta, TV 9 a.m. Buildings & Grounds Mtg., BR 9 a.m. Woodshop Annual Toy Show, EMR 9:30 a.m. NuMotion, TAH 10 a.m. Sweety's Painting Class, CAS 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 1 p.m. Knitwits, Atrium E 2 p.m. Ukulele Chorus, AVR 3:00 p.m. Fund Development Committee Mtg., TAH 3 p.m. Table Talks, EMR 7 p.m. Dessert Theatre, EMR	**21** 8:15 a.m. Fitness Trifecta, TV **10 a.m. Depart: Grocery Shopping** 10 a.m. Catholic Communion Service, AVR 12 p.m. Movie, *TV* **1:00 p.m. Depart: Lunch Bunch, Woodinville** 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment , SAM & AVR 7:30 p.m. November Birthday Celebration, EMR♦	**22** 8:15 a.m. Fitness Trifecta, TV 10 a.m. Craft & Connect, CAS 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS
23 8:15 a.m. Fitness Trifecta, TV 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 4 p.m. Worship with Chaplain Waltner, EMR	**24** 8:15 a.m. Fitness Trifecta, TV 9 a.m. Monday Painters, CAS **10 a.m. Depart: Grocery Shopping** 10 a.m. 2026 Budget Presentation, PAV♦ 10:30 a.m. Corn Hole, AL GR **1:30 p.m. Depart: Pickleball, Redmond** 2 p.m. DEI Committee Mtg., AVR 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	**25** 8:15 a.m. Fitness Trifecta, TV 10 a.m. Marketing Review, TAH 10:30 a.m. Health and Wellness Committee, AVR 1 p.m. Film for Thought, EMR 1 p.m. Let's Play Chess, CAS 3:30 p.m. Silver Singers Rehearsal, AL GR	**26** 8:15 a.m. Fitness Trifecta, TV 9:30 a.m. Writing Class A, AVR 10 a.m. Garden Railroad, CAS 10 a.m. Accounting Review, TAH 10 a.m. Men's Caregiver Connect, SAM 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Cribbage, Atrium P3 3:30 p.m. Folk Dance for Everyone, FS **6:30 p.m. Depart: Village Theatre, Issaquah** 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	**27** 8:15 a.m. Fitness Trifecta, TV 	**28** 8:15 a.m. Fitness Trifecta, TV **10 a.m. Depart: Grocery Shopping** 10 a.m. Catholic Mass, AVR 11 a.m. Episcopal Service, Chapel **1 p.m. Depart: Lunch at a Local Pub, Redmond** 2:30 p.m. Hand & Foot Canasta, TAH	**29** 8:15 a.m. Fitness Trifecta, TV 10 a.m. Craft & Connect, CAS 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS 6:45 p.m. Movie, TV
30 8:15 a.m. Fitness Trifecta, TV 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR **3 p.m. Depart: Argosy Cruises, Kirkland** 4 p.m. Worship with Chaplain Waltner, EMR						