


2025

(1) ♦ = Events shown in Emerald Room AND Channel 1981
(2) Fitness Trifecta {8:15 a.m. Total Body Fitness; 9 a.m. Posture and Balance and 10 a.m. Seated Zumba Gold}
(3) Bold indicates an off-Campus event or special notice. Underlined indicates notable event.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			EH Meeting Spaces and Room Key: EMR Emerald Room AVR Avondale Room SAM Sammamish Room PAV Pavilion = (EMR+SAM+AVR) CAS Creative Arts Studio TAH Tahoma Room BR Board Room LR Living Room FS Fitness Studio C&H Copper & Hook TV Channel 1981 Exclusive		Corwin Center: AL GR AL Game Room AL TV AL TV Room AL L AL Library/Lounge GR Great Room FirView: FV AR FirView Activity Room Outdoor Spaces: PP Pavilion Plaza SQ Sequoia Square RR Garden Railroad		TBD = Location To Be Determined. Check Portal, Daily Schedule, and Channel 1981 for most up-to-date event information
			8:15 a.m. Fitness Trifecta, TV 9:30 a.m. Writing Class A, AVR 10 a.m. Garden Railroad, CAS 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 11:30 a.m. Lunch & Learn, Rainier DR 1 p.m. Mahjong, TAH 1 p.m. Food Services Committee, AVR 2 p.m. Memory Matters, SAM 2 p.m. Cribbage, Atrium P3 2 p.m. Fall Play: <u>All Roads Lead to... Somewhere, EMR</u> 3:30 p.m. Folk Dance for Everyone, FS 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	8:15 a.m. Fitness Trifecta, TV 10:30 a.m. Evergreen Speech and Hearing, TAH 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 1 p.m. Furniture Sale: Preview Day, 4th Floor Furniture Room 2 p.m. Health Services Review, TAH 2 p.m. Ukulele Chorus, AVR 6:30 p.m. Depart: Seattle Symphony, Seattle 7 p.m. Fall Play: <u>All Roads Lead to... Somewhere, PAV</u>	8:15 a.m. Fitness Trifecta, TV 9 a.m. Furniture Sale, 4th Floor Furniture Room 10 a.m. Catholic Communion Service, AVR 10 a.m. Depart: Grocery Shopping 10 a.m. Scrabble, TAH 10 a.m. Thrift Shop, Thrift Shop 1 p.m. Grant's Live Chat, EMR♦ 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment , SAM & AVR	8:15 a.m. Fitness Trifecta, TV 8:45 a.m. Depart: Walk to End Alzheimer's, Seattle 9 a.m. Daughters of the American Revolution, EMR 10 a.m. Craft & Connect, CAS 10 a.m. Furniture Sale: Half-Price Day 4th Floor Furniture Room 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS 6:30 p.m. Bavarian Bash: <u>Oktoberfest, PAV</u>	
8:15 a.m. Fitness Trifecta, TV 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 8:45 a.m. Depart: The National Archives at Seattle, Seattle 9 a.m. Monday Painters, CAS 10 a.m. Depart: Grocery Shopping 10 a.m. Residents' Association Review, AVR 10:30 a.m. Corn Hole, AL GR 1:30 p.m. Depart: Pickleball, Redmond 2 p.m. DEI Event Planning Mtg, AVR 4 p.m. Gallery Wall Reception: Meet the Artists, CAS 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 10:30 a.m. Keeping Our Spirits Up, TV 11 a.m. Technology Committee, SAM 1 p.m. Alzheimer's and Dementia Caregiver Support, SAM 1 p.m. Let's Play Chess, LR 2 p.m. Movie Matinee. EMR 7:30 p.m. Bob & Harry's Musical Jam. EMR	8 a.m. Focus on Fitness: Berg Balance Tests. FS 8:15 a.m. Fitness Trifecta, TV 10 a.m. Garden Railroad, CAS 10 a.m. Resident Services Review, TAH 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Amada Senior Care. EMR 2 p.m. Cribbage, Atrium P3 2 p.m. Depart: Costco Shopping, Redmond 3:30 p.m. Folk Dance for Everyone, FS 6:30 p.m. Depart: Village Theatre: Brigadoon, Issaquah 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	8 a.m. Focus on Fitness: Berg Balance Tests. FS 8:15 a.m. Fitness Trifecta, TV 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 1 p.m. The Good Life Book Club, AVR 1:30 p.m. EH Quilters, CAS 2:30 p.m. Residents' Council Study Session, BR 3 p.m. Karaoke Crooning, C&H 4 p.m. Atrium P3 Social, Atrium P3 4 p.m. Atrium H3 Social, Atrium H3 6:45 p.m. Movie, TV 7 p.m. All That Jazz Group, AVR 7 p.m. Poker, CAS	8:15 a.m. Fitness Trifecta, TV 10 a.m. Catholic Communion Service, AVR 10 a.m. Depart: Grocery Shopping 10 a.m. Scrabble, TAH 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment , SAM & AVR 7 p.m. Depart: Seattle POPs, Seattle	8:15 a.m. Fitness Trifecta, TV 10 a.m. Craft & Connect, CAS 1 p.m. Depart: Village Theatre: Brigadoon, Issaquah 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS 3:45 p.m. BelPres Sanctuary Chorus: Hymn Sing-Along, EMR	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:15 a.m. Fitness Trifecta, TV 12 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 13 9 a.m. Monday Painters, CAS 10 a.m. Depart: Grocery Shopping 10:30 a.m. Corn Hole, AL GR 10:30 a.m. Depart: Seattle Waterfront Trip, Seattle 1:30 p.m. Depart: Pickleball, Redmond 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 14 9 a.m. KCLS Library to Go, TAH 10:30 a.m. Residents' Council Meeting, PAV♦ 1 p.m. Let's Play Chess, LR 2:30 p.m. Trips and Events Committee Mtg., SAM 4 p.m. Atrium E Social, Atrium E	8:15 a.m. Fitness Trifecta, TV 15 9:30 a.m. Writing Class A, EMR 10 a.m. Garden Railroad, CAS 10:30 a.m. Communications Committee Mtg., AVR 11 a.m. Writing Class B, EMR 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 1:30 p.m. Parkinson's Support, SAM 2 p.m. Depart: PCC Shopping, Redmond 2 p.m. Cribbage, Atrium P3 3:30 p.m. Folk Dance for Everyone, FS 4 p.m. Trailside Social, AVR & SAM 4 p.m. Atrium H1 Social, Atrium H1 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	8:15 a.m. Fitness Trifecta, TV 16 9 a.m. Buildings & Grounds Mtg., BR 9:30 a.m. NuMotion, TAH <u>10:30 a.m. Let's Play with Watercolor, CAS</u> 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 1 p.m. Resident Activities Committee Mtg., SAM 2 p.m. Ukulele Chorus, AVR 3:00 p.m. Fund Development Committee Mtg., TAH 3:15 p.m. Depart: Memory Hub & Frye Art Museum, Seattle 4 p.m. Cloud 9 Social, Atrium P3	8:15 a.m. Fitness Trifecta, TV 17 10 a.m. Depart: Grocery Shopping 10 a.m. Scrabble, TAH 10 a.m. Catholic Communion Service, AVR 1:15 p.m. Depart: Lunch Bunch, Redmond 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment , SAM & AVR 7:30 p.m. October Birthday Celebration, EMR♦	8:15 a.m. Fitness Trifecta, TV 18 10 a.m. Craft & Connect, CAS 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS 6:30 p.m. Depart: Seattle Wind Symphony: Tales, Stories, & Myths, Seattle
8:15 a.m. Fitness Trifecta, TV 19 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 20 9 a.m. Monday Painters, CAS 10 a.m. Bonsai Group, SAM 10 a.m. Depart: Grocery Shopping 10:30 a.m. Corn Hole, AL GR 1 p.m. Women's Caregiver Connect, SAM <u>1 p.m. Speaker Mr. Rich Blieweiss: The State of Publishing, EMR</u> 1 p.m. Bellevue Square Shopping, Bellevue 1:30 p.m. Depart: Pickleball, Redmond 2 p.m. DEI Committee Mtg., AVR 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 21 10 a.m. Dining Services Review, C&H 10 a.m. Sweety's Painting Class, CAS 1 p.m. Let's Play Chess, LR 1:30 p.m. Readers' Theatre, TAH <u>2:30 p.m. DJ Dance Party, PAV</u>	8:15 a.m. Fitness Trifecta, TV 22 9:30 a.m. Writing Class A, AVR 10 a.m. Garden Railroad, CAS 10 a.m. Accounting Review, TAH 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Cribbage, Atrium P3 <u>2 p.m. Parkinson's Disease: What You Need to Know, EMR</u> 2 p.m. Depart: Costco Shopping, Redmond 3:30 p.m. Folk Dance for Everyone, FS 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	8:15 a.m. Fitness Trifecta, TV 23 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 1 p.m. Knitwits, Atrium E 3 p.m. Table Talks, EMR 7 p.m. Poker, CAS <u>7:30 p.m. Wade Jazz Jammers, EMR</u>	8:15 a.m. Fitness Trifecta, TV 24 10 a.m. Depart: Grocery Shopping 10 a.m. Scrabble, TAH 10 a.m. Catholic Mass, AVR 11 a.m. Episcopal Service, Chapel 1 p.m. Depart: Cedar River Watershed Education Center, North Bend 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment , SAM & AVR 4:45 p.m. 4th Friday Social, EMR	8:15 a.m. Fitness Trifecta, TV 25 10 a.m. Craft & Connect, CAS 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS <u>4 p.m. Children's Musical Recital, EMR</u> 6:45 p.m. Movie, TV
8:15 a.m. Fitness Trifecta, TV 26 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 1:15 p.m. Depart: Washington Wind Symphony: Curtain Call, North Bend 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 27 9 a.m. Monday Painters, CAS 10 a.m. Depart: Grocery Shopping 10 a.m. Thrift Shop Collection, TAH 10:30 a.m. Corn Hole, AL GR 10:30 a.m. Depart: Seattle Waterfront Trip, Seattle <u>1:30 p.m. WACCRA: Legislative Forum, PAV</u> 1:30 p.m. Depart: Pickleball, Redmond 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 28 10 a.m. Marketing Review, TAH 10:30 a.m. Health and Wellness Committee, AVR <u>1 p.m. Film for Thought, EMR</u> 1 p.m. Let's Play Chess, LR 2 p.m. AI Interest Group, SAM 4 p.m. Atrium P1 Social, Atrium P1	8:15 a.m. Fitness Trifecta, TV 29 9:30 a.m. Writing Class A, AVR 10 a.m. Garden Railroad, CAS 10 a.m. Men's Caregiver Connect, SAM 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Cribbage, Atrium P3 <u>2 p.m. Health and Wellness Committee: What is Continuing Care?, EMR</u> 2 p.m. Depart: Costco Shopping, Redmond 3:30 p.m. Folk Dance for Everyone, FS 6:15 p.m. Depart: Seattle Opera, Seattle 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	8:15 a.m. Fitness Trifecta, TV 30 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR <u>11 a.m. Show and Tell: Family Treasures, EMR</u> 1 p.m. Depart: Brew Pub Trip, Seattle	8:15 a.m. Fitness Trifecta, TV 31 10 a.m. Scrabble, TAH 10 a.m. Catholic Communion Service, AVR 10 a.m. Depart: Grocery Shopping <u>1 p.m. Annual Staff Halloween Costume Contest, PAV</u> <u>7 p.m. Festive Entertainment: Fidgety Feet—in Halloween Costumes, PAV</u> 	