

2025

(1) ♦ = Events shown in Emerald Room AND Channel 1981
(2) Fitness Trifecta {8:15 a.m. Total Body Fitness; 9 a.m. Posture and Balance and 10 a.m. Seated Zumba Gold}
(3) Bold indicates an off-Campus event or special notice. Underlined indicates notable event.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			<u>EH Meeting Spaces and Room Key:</u> EMR Emerald Room AVR Avondale Room SAM Sammamish Room PAV Pavilion = (EMR+SAM+AVR) CAS Creative Arts Studio TAH Tahoma Room BR Board Room LR Living Room FS Fitness Studio C&H Copper & Hook TV Channel 1981 Exclusive		<u>Corwin Center:</u> AL GR AL Game Room AL TV AL TV Room AL L AL Library/Lounge GR Great Room <u>FirView:</u> FV AR FirView Activity Room <u>Outdoor Spaces:</u> PP Pavilion Plaza SQ Sequoia Square RR Garden Railroad		TBD = Location To Be Determined. Check Portal, Daily Schedule, and Channel 1981 for most up-to-date event information
						8:15 a.m. Fitness Trifecta, TV 1 10 a.m. Craft & Connect, CAS <u>12 p.m. Expressions Intergenerational Arts Carnival, PAV</u> 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS 3:15 p.m. Depart: Redmond Tech Orchestra, Redmond	
8:15 a.m. Fitness Trifecta, TV 2 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 3 9 a.m. Monday Painters, CAS 10 a.m. Depart: Grocery Shopping 10 a.m. Residents' Association Review, AVR 10:30 a.m. Corn Hole, AL GR 10:30 a.m. Virtual Reality Experience, SAM 1:30 p.m. Depart: Pickleball, Redmond 2 p.m. DEI Event Planning Mtg, AVR 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 4 10:30 a.m. <i>Keeping Our Spirits Up</i> , TV 11 a.m. Technology Committee, SAM 1 p.m. Alzheimer's and Dementia Caregiver Support, SAM 1 p.m. Let's Play Chess, EMR 1:30 p.m. Readers' Theatre, TAH 3:30 p.m. Silver Singers Rehearsal, AL GR	8:15 a.m. Fitness Trifecta, TV 5 9:30 a.m. Writing Class A, AVR 10 a.m. Garden Railroad, CAS 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 11:30 a.m. Lunch & Learn, Rainier DR 1 p.m. Mahjong, TAH 1 p.m. Food Services Committee, AVR 2 p.m. Memory Matters, SAM 2 p.m. Cribbage, Atrium P3 <u>2 p.m. The Balanced Care Method, EMR</u> 2 p.m. Depart: Costco Shopping, Redmond 3:30 p.m. Folk Dance for Everyone, FS 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	8:15 a.m. Fitness Trifecta, TV 6 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 2 p.m. Health Services Review, TAH 2 p.m. Ukulele Chorus, AVR <u>2 p.m. Entertainment: Janet & Clayton, EMR</u> 6:30 p.m. Depart: Seattle Symphony, Seattle	8:15 a.m. Fitness Trifecta, TV 7 10 a.m. Catholic Communion Service, AVR <u>10 a.m. Make & Take: Christmas Card Making, CAS</u> 10 a.m. Depart: Grocery Shopping 1 p.m. Grant's Live Chat, EMR♦ 1 p.m. Depart: Southwest Seattle Historical Society, Seattle 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, SAM & AVR	8:15 a.m. Fitness Trifecta, TV 8 10 a.m. Craft & Connect, CAS 12 p.m. Depart: Sky Performing Arts, Monroe 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS	
Daylight Savings Time Ends: Set your clocks back an hour							

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:15 a.m. Fitness Trifecta, TV 9 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 4 p.m. Worship with Chaplain Waltner, EMR <u>7 p.m. Boeing Employee Choir Concert, EMR</u>	8:15 a.m. Fitness Trifecta, TV 10 9 a.m. Monday Painters, CAS 9 a.m. Depart: Breakfast Outing: Maltby Café, Snohomish 10 a.m. Depart: Grocery Shopping 10:30 a.m. Corn Hole, AL GR 1:30 p.m. Depart: Pickleball, Redmond 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 11 10:30 a.m. Annual Residents' Association Business Meeting, PAV♦ 1 p.m. Let's Play Chess, CAS 2:30 p.m. Trips and Events Committee Mtg., SAM 3:30 p.m. Silver Singers Rehearsal, AL GR 4 p.m. Atrium E Social, Atrium E	8:15 a.m. Fitness Trifecta, TV 12 9 a.m. KCLS Library to Go, SAM 9:30 a.m. Writing Class A, AVR 10 a.m. Garden Railroad, CAS 10 a.m. Resident Services Review, TAH 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Cribbage, Atrium P3 <u>2 p.m. The Art of Comfort: A Journey through Palliative Care, EMR</u> 2 p.m. Depart: PCC Shopping, Redmond 3:30 p.m. Folk Dance for Everyone, FS 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	8:15 a.m. Fitness Trifecta, TV 13 10:30 a.m. Bible Study, SAM 10:30 a.m. Evergreen Speech and Hearing, TAH <u>10:30 a.m. Darlene's Artistic Haven, CAS</u> 1 p.m. Tech Help, LR 1 p.m. The Good Life Book Club, AVR 1:30 p.m. EH Quilters, CAS 2 p.m. Focus on Fitness, EMR <u>3:30 p.m. Que Sera! Doris Day Tribute Show, EMR</u> 4 p.m. Atrium P3 Social, Atrium P3 6:15 p.m. Depart: Dinner and a Show, Redmond 6:45 p.m. Movie, TV 7 p.m. All That Jazz Group, AVR 7 p.m. Poker, CAS	8:15 a.m. Fitness Trifecta, TV 14 10 a.m. Catholic Communion Service, AVR 10 a.m. Depart: Grocery Shopping <u>10:30 a.m.. Home-Based Services, EMR</u> 1 p.m. Depart: Target & Kohls Shopping Trip, Redmond <u>1 p.m. Redmond Police Presentation: Avoiding Scams, EMR</u> 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment , SAM & AVR	8:15 a.m. Fitness Trifecta, TV 15 10 a.m. Craft & Connect, CAS 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS <u>7 p.m. Silver Singers Performance, PAV</u>
8:15 a.m. Fitness Trifecta, TV 16 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 1:15 p.m. Depart: Redmond High School Drama, Redmond 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 17 9 a.m. Monday Painters, CAS <u>9:30 a.m. Fitness Class Demo Day, FS</u> 10 a.m. Depart: Grocery Shopping 10:30 a.m. Corn Hole, AL GR 1 p.m. Women's Caregiver Connect, SAM <u>1 p.m. Turning Page Book Club, AVR</u> 1 p.m. Depart: Bellevue Square Shopping, Bellevue 1:30 p.m. Depart: Pickleball, Redmond 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 18 10 a.m. Dining Services Review, C&H <u>10 a.m. Thrift Shop: Holiday Sale, SAM</u> 1 p.m. Let's Play Chess, CAS 1:30 p.m. Readers' Theatre, TAH <u>2 p.m. Medic One: First Aid, EMR</u> 3:30 p.m. Silver Singers Rehearsal, AL GR	8:15 a.m. Fitness Trifecta, TV 19 9:30 a.m. Writing Class A, AVR 10 a.m. Garden Railroad, CAS 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH <u>1 p.m. City of Redmond: The City's Efforts to Monitor and Improve Our Waterways, EMR</u> 1:30 p.m. Parkinson's Support, SAM 2 p.m. Cribbage, Atrium P3 2 p.m. Depart: Costco Shopping, Redmond 3:30 p.m. Folk Dance for Everyone, FS 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	8:15 a.m. Fitness Trifecta, TV 20 9 a.m. Buildings & Grounds Mtg., BR <u>9 a.m. Woodshop Annual Toy Show, EMR</u> 9:30 a.m. NuMotion, TAH 10 a.m. Sweety's Painting Class, CAS 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 1 p.m. Knitwits, Atrium E 2 p.m. Ukulele Chorus, AVR 3:00 p.m. Fund Development Committee Mtg., TAH 3 p.m. Table Talks, EMR <u>7 p.m. Dessert Theatre, EMR</u>	8:15 a.m. Fitness Trifecta, TV 21 10 a.m. Depart: Grocery Shopping 10 a.m. Catholic Communion Service, AVR 12 p.m. Movie, TV 1:00 p.m. Depart: Lunch Bunch, Woodinville 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment , SAM & AVR 7:30 p.m. November Birthday Celebration, EMR♦	8:15 a.m. Fitness Trifecta, TV 22 10 a.m. Craft & Connect, CAS 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS
8:15 a.m. Fitness Trifecta, TV 23 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 24 9 a.m. Monday Painters, CAS 10 a.m. Depart: Grocery Shopping <u>10 a.m. 2026 Budget Presentation, PAV♦</u> 10:30 a.m. Corn Hole, AL GR 1:30 p.m. Depart: Pickleball, Redmond 2 p.m. DEI Committee Mtg., AVR 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 25 10 a.m. Marketing Review, TAH 10:30 a.m. Health and Wellness Committee, AVR <u>1 p.m. Film for Thought, EMR</u> 1 p.m. Let's Play Chess, CAS 3:30 p.m. Silver Singers Rehearsal, AL GR	8:15 a.m. Fitness Trifecta, TV 26 9:30 a.m. Writing Class A, AVR 10 a.m. Garden Railroad, CAS 10 a.m. Accounting Review, TAH 10 a.m. Men's Caregiver Connect, SAM 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Cribbage, Atrium P3 3:30 p.m. Folk Dance for Everyone, FS 6:30 p.m. Depart: Village Theatre, Issaquah 6:45 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	8:15 a.m. Fitness Trifecta, TV 27	8:15 a.m. Fitness Trifecta, TV 28 10 a.m. Depart: Grocery Shopping 10 a.m. Catholic Mass, AVR 11 a.m. Episcopal Service, Chapel 1 p.m. Depart: Lunch at a Local Pub, Redmond 2:30 p.m. Hand & Foot Canasta, TAH	8:15 a.m. Fitness Trifecta, TV 29 10 a.m. Craft & Connect, CAS 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS 6:45 p.m. Movie, TV
8:15 a.m. Fitness Trifecta, TV 30 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 3 p.m. Depart: Argosy Cruises, Kirkland 4 p.m. Worship with Chaplain Waltner, EMR						