

2026

(1) ◇ = Events shown in Emerald Room AND Channel 1981

(2) Fitness Trifecta {8:15 a.m. Total Body Fitness; 9 a.m. Posture and Balance; 10 a.m. Seated Zumba Gold}

(3) Bold indicates an off-Campus event or special notice. Underlined indicates notable event.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



EH Meeting Spaces and Room Key:

EMR	Emerald Room
AVR	Avondale Room
SAM	Sammamish Room
PAV	Pavilion (EMR+SAM+AVR)
CAS	Creative Arts Studio
TAH	Tahoma Room
BR	Board Room
LR	Living Room
FS	Fitness Studio
C&H	Copper & Hook
TV	Channel 1981 Exclusive

Corwin Center:

AL GR	AL Game Room
AL TV	AL TV Room
AL L	AL Library/Lounge
GR	Great Room

FirView:

FV AR	FirView Activity Room
FV DR	FirView Dining Room

Outdoor Spaces:

PP	Pavilion Plaza
SQ	Sequoia Square
RR	Garden Railroad

TBD = Location To Be Determined.
**Check Portal, Daily Schedule, and
Channel 1981 for most up-to-date
event information**

				8:15 a.m. Fitness Trifecta, TV 2026	8:15 a.m. Fitness Trifecta, TV 10 a.m. Catholic Communion Service, EMR 10 a.m. Sweety's Painting Class, CAS 10 a.m. Depart: Grocery Shopping 2:30 p.m. Hand & Foot Canasta, TAH 3:30 p.m. Depart: Wildlanterns, Seattle	8:15 a.m. Fitness Trifecta, TV 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS
8:15 a.m. Fitness Trifecta, TV 11 a.m. Livestream BelPres Worship, EMR 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 9 a.m. Monday Painters, CAS 10 a.m. Depart: Grocery Shopping 1:30 p.m. Depart: Pickleball, Redmond 1:30 p.m. Vicky Neil's Retirement Send-Off, EMR 2 p.m. DEI Event Planning Mtg, AVR 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 11 a.m. Technology Committee, SAM <u>1 p.m. Explorations in Philosophy, EMR</u> 1 p.m. Alzheimer's and Dementia Caregiver Support, SAM 1 p.m. Craft & Connect, CAS 1:30 p.m. Readers' Theatre Group, TAH 3:30 p.m. Silver Singers Rehearsal, AL GR	8:15 a.m. Fitness Trifecta, TV 9:30 a.m. Writing Class A, AVR 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 11:30 a.m. Lunch & Learn, FV DR 1 p.m. Food Services Committee, Fireside Dining Room 1 p.m. Mahjong, TAH <u>2 p.m. My Life and Wishes, EMR</u> 2 p.m. Cribbage, Atrium P3 2 p.m. Memory Matters, AVR 2 p.m. Depart: Costco Shopping, Redmond 3:30 p.m. Folk Dance for Everyone, FS 4 p.m. Depart: Golden Hour Games, Redmond High School 6:30 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	8:15 a.m. Fitness Trifecta, TV 10:30 a.m. Evergreen Speech and Hearing, TAH 1 pm. The Good Life Book Club, SAM 1 p.m. Tech Help, LR 1:30 p.m. EH Quilters, CAS 2 p.m. Ukulele Chorus, AL GR 2 p.m. Focus on Fitness, EMR 2 p.m. Residents' Council Study Session, BR 4 p.m. Atrium P3 Social, Atrium P3 6:30 p.m. Texas Hold'em Poker, CAS 6:45 p.m. Movie, TV 7 p.m. Jazz Appreciation Night, AVR	8:15 a.m. Fitness Trifecta, TV 10 a.m. Catholic Communion Service, AVR 10 a.m. Depart: Grocery Shopping 1 p.m. Grant's Live Chat, EMR◇ 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, SAM & AVR	8:15 a.m. Fitness Trifecta, TV 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS

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8:15 a.m. Fitness Trifecta, TV 11 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 12 9 a.m. Monday Painters, CAS 10 a.m. Depart: Grocery Shopping 1 p.m. Depart: Bellevue Square Shopping, Bellevue 1:30 p.m. Depart: Pickleball, Redmond 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 13 9 a.m. KCLS Library to Go, TAH 10:30 a.m. Residents' Council Meeting, EMR◇ 1 pm. Craft & Connect, CAS 1:30 p.m. Trips and Events Committee Mtg., SAM 3:30 p.m. Silver Singers Rehearsal, AL GR 4 p.m. Atrium E Social, Atrium E	8:15 a.m. Fitness Trifecta, TV 14 10 a.m. Resident Services Orientation, TAH 10 a.m. Meet and Greet: Rhiana Mitchell, SAM 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Cribbage, Atrium P3 2 p.m. Depart: PCC Shopping, Redmond 3:30 p.m. Folk Dance for Everyone, FS 6:30 p.m. Shanghai Rummy, SAM 7 p.m. Pinochle, TAH	8:15 a.m. Fitness Trifecta, TV 15 9 a.m. Buildings & Grounds Mtg., BR 10:30 a.m. Bible Study, SAM <u>10:30 a.m. Darlene's Artistic Haven, CAS</u> 1 p.m. Tech Help, LR 1 p.m. Resident Activities Committee, SAM 3 p.m. Fund Development Committee Mtg., TAH	8:15 a.m. Fitness Trifecta, TV 16 10 a.m. Catholic Communion Service, AVR 10 a.m. Depart: Grocery Shopping 1 p.m. Depart: Lunch Bunch, Redmond 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, SAM & AVR 7:30 p.m. January Birthday Celebration, EMR◇	8:15 a.m. Fitness Trifecta, TV 17 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS
8:15 a.m. Fitness Trifecta, TV 18 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 12:15 p.m. Depart: Ballard Elks Club, Ballard 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 19 9 a.m. Monday Painters, CAS 9:30 a.m. Depart: Snoqualmie Casino, Snoqualmie 10 a.m. Depart: Grocery Shopping 10:30 a.m. Virtual Reality Experience, SAM 1 p.m. Women's Caregiver Connect, SAM <u>1 p.m. Spring Play Auditions, AVR</u> <u>1 p.m. The Life and Music of George Gershwin, EMR</u> 1:30 p.m. Depart: Pickleball, Redmond <u>6 p.m. Spring Play Auditions, EMR</u> 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 20 10 a.m. Dining Services Orientation, C&H <u>1 p.m. Explorations in Philosophy, EMR</u> 1 pm. Craft & Connect, CAS 1:30 p.m. Readers' Theatre Group, TAH 3:30 p.m. Silver Singers Rehearsal, AL GR	8:15 a.m. Fitness Trifecta, TV 21 10 a.m. Residents' Association Orientation, TAH 10:30 a.m. Communications Committee, AVR <u>11 a.m. Your Clothing Solutions, EMR</u> 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 1:30 p.m. Parkinson's Support, SAM 2 p.m. Depart: Costco Shopping, Redmond 2 p.m. Cribbage, Atrium P3 3:30 p.m. Folk Dance for Everyone, FS 6:30 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH <u>7 p.m. Forest Stewards Presentation, EMR</u>	8:15 a.m. Fitness Trifecta, TV 22 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 1 p.m. Knitwits, Atrium E 2 p.m. Ukulele Chorus, AL GR 3 p.m. Table Talks, EMR 6:30 p.m. Texas Hold'em Poker, CAS	8:15 a.m. Fitness Trifecta, TV 23 10 a.m. Depart: Grocery Shopping 10 a.m. Catholic Mass, AVR 10:15 a.m. Depart: Northwest African American Museum, Seattle 11 a.m. Episcopal Service, Chapel 1 p.m. Depart: Totem Lake Shopping, Totem Lake 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, SAM & AVR	8:15 a.m. Fitness Trifecta, TV 24 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS 6:45 p.m. Movie, TV
8:15 a.m. Fitness Trifecta, TV 25 11 a.m. Livestream BelPres Worship, SAM/AVR & FV AR 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 26 9 a.m. Monday Painters, CAS 10 a.m. Thrift Shop Collection, TAH 10 a.m. Depart: Grocery Shopping 1:30 p.m. Depart: Pickleball, Redmond 2 p.m. DEI Committee Mtg., AVR 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV 27 10 a.m. Marketing Orientation, TAH 10:30 a.m. Health and Wellness Committee, AVR 1 p.m. Film for Thought, EMR 1 pm. Craft & Connect, CAS 2 p.m. AI Interest Group, SAM 3:30 p.m. Silver Singers Rehearsal, AL GR	8:15 a.m. Fitness Trifecta, TV 28 9:30 a.m. Writing Class A, AVR 10 a.m. Accounting Orientation, TAH 10 a.m. Men's Caregiver Connect, SAM 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Cribbage, Atrium P3 <u>2 p.m. Shelly Glennon Grief Education, EMR</u> 3 p.m. Voices for Vision, AVR 3:30 p.m. Folk Dance for Everyone, FS 6:30 p.m. Depart: Village Theatre, Issaquah 6:30 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	8:15 a.m. Fitness Trifecta, TV 29 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR <u>1 p.m. Turning Page Book Club, TAH</u> <u>2 p.m. To Catch a Phish: Phishing Presentation and Workshop, EMR</u>	8:15 a.m. Fitness Trifecta, TV 30 10 a.m. Catholic Communion Service, AVR 10 a.m. Depart: Grocery Shopping 1 p.m. Lunch at a Local Pub, Redmond 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, SAM & AVR 4:45 p.m. Social Hour: Last Friday of the Month, EMR	8:15 a.m. Fitness Trifecta, TV 31 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS