

# 2026

(1) ♦ = Events shown in Emerald Room AND Channel 1981

(2) Fitness Trifecta {8:15 a.m. Total Body Fitness; 9 a.m. Posture and Balance; 10 a.m. Seated Zumba Gold}

(3) Bold indicates an off-Campus event or special notice. Underlined indicates notable event.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



EH Meeting Spaces and Room Key:		Corwin Center:		Outdoor Spaces:	
EMR	Emerald Room	AL GR	AL Game Room	PP	Pavilion Plaza
AVR	Avondale Room	AL TV	AL TV Room	SQ	Sequoia Square
SAM	Sammamish Room	AL L	AL Library/Lounge	RR	Garden Railroad
PAV	Pavilion (EMR+SAM+AVR)	GR	Great Room		
CAS	Creative Arts Studio				
TAH	Tahoma Room				
BR	Board Room				
LR	Living Room				
FS	Fitness Studio				
C&H	Copper & Hook				
TV	Channel 1981 Exclusive				

FirView:  
FV AR  
FV DR

FirView Activity Room  
FirView Dining Room

**Outdoor Spaces:**

PP Pavilion Plaza  
SQ Sequoia Square  
RR Garden Railroad

TBD = Location To Be Determined.  
Check Portal, Daily Schedule, and  
Channel 1981 for most up-to-date  
event information

				8:15 a.m. Fitness Trifecta, TV	1 8:15 a.m. Fitness Trifecta, TV 10 a.m. Catholic Communion Service, EMR 10 a.m. Sweety's Painting Class, CAS <b>10 a.m. Depart: Grocery Shopping</b> 2:30 p.m. Hand & Foot Canasta, TAH 3:30 p.m. Depart: Wildlanterns, Seattle	2 8:15 a.m. Fitness Trifecta, TV 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS
8:15 a.m. Fitness Trifecta, TV <b>4</b> 11 a.m. Livestream BelPres Worship, EMR 4 p.m. Worship with Chaplain Waltner, EMR	8:15 a.m. Fitness Trifecta, TV 9 a.m. Monday Painters, CAS <b>10 a.m. Depart: Grocery Shopping</b> 1:30 p.m. Depart: Pickleball, Redmond 1:30 p.m. Vicky Neil's Retirement Send-Off, EMR 2 p.m. DEI Event Planning Mtg, AVR 6:30 p.m. Duplicate Bridge, AVR 6:45 p.m. Great Courses, TV	8:15 a.m. Fitness Trifecta, TV <b>5</b> 11 a.m. Technology Committee, SAM <u>1 p.m. Explorations in Philosophy, EMR</u> 1 p.m. Alzheimer's and Dementia Caregiver Support, SAM 1 p.m. Craft & Connect, CAS 1:30 p.m. Readers' Theatre Group, TAH 3:30 p.m. Silver Singers Rehearsal, AL GR	8:15 a.m. Fitness Trifecta, TV 9:30 a.m. Writing Class A, AVR 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 11:30 a.m. Lunch & Learn, FV DR 1 p.m. Food Services Committee, Fireside Dining Room 1 p.m. Mahjong, TAH 2 p.m. My Life and Wishes, EMR 2 p.m. Cribbage, Atrium P3 2 p.m. Memory Matters, AVR <b>2 p.m. Depart: Costco Shopping, Redmond</b> 3:30 p.m. Folk Dance for Everyone, FS 4 p.m. Depart: Golden Hour Games, Redmond High School 6:30 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH	7 8:15 a.m. Fitness Trifecta, TV 10:30 a.m. Evergreen Speech and Hearing, TAH 1 pm. The Good Life Book Club, SAM 1 p.m. Tech Help, LR 1:30 p.m. EH Quilters, CAS 2 p.m. Ukulele Chorus, AL GR 2 p.m. Focus on Fitness, EMR 2 p.m. Residents' Council Study Session, BR 4 p.m. Atrium P3 Social, Atrium P3 6:30 p.m. Texas Hold'em Poker, CAS 6:45 p.m. Movie, TV 7 p.m. Jazz Appreciation Night, AVR	8 8:15 a.m. Fitness Trifecta, TV 10 a.m. Catholic Communion Service, AVR <b>10 a.m. Depart: Grocery Shopping</b> 1 p.m. Grant's Live Chat, EMR♦ 2:30 p.m. Hand & Foot Canasta, TAH 3 p.m. Education for Enjoyment, SAM & AVR	9 8:15 a.m. Fitness Trifecta, TV 2 p.m. Mexican Train & Easy Cards, Easy Games, CAS

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:15 a.m. Fitness Trifecta, TV <b>11</b>  11 a.m. Livestream BelPres Worship, SAM/AVR &amp; FV AR  4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>12</b>  9 a.m. Monday Painters, CAS  <b>10 a.m. Depart: Grocery Shopping</b>  <b>1 p.m. Depart: Bellevue Square Shopping, Bellevue</b>  <b>1:30 p.m. Depart: Pickleball, Redmond</b>  6:30 p.m. Duplicate Bridge, AVR  6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>13</b>  9 a.m. KCLS Library to Go, TAH  10:30 a.m. Residents' Council Meeting, EMR♦  1 pm. Craft &amp; Connect, CAS  1:30 p.m. Trips and Events Committee Mtg., SAM  3:30 p.m. Silver Singers Rehearsal, AL GR  4 p.m. Atrium E Social, Atrium E</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>14</b>  10 a.m. Resident Services Orientation, TAH  10 a.m. Meet and Greet: Rhiana Mitchell, SAM  11:30 a.m. Community Prayer, Chapel  1 p.m. Mahjong, TAH  2 p.m. Cribbage, Atrium P3  <b>2 p.m. Depart: PCC Shopping, Redmond</b>  3:30 p.m. Folk Dance for Everyone, FS  6:30 p.m. Shanghai Rummy, SAM  7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>15</b>  9 a.m. Buildings &amp; Grounds Mtg., BR  10:30 a.m. Bible Study, SAM  <b>10:30 a.m. Darlene's Artistic Haven, CAS</b>  1 p.m. Tech Help, LR  1 p.m. Resident Activities Committee, SAM  3 p.m. Fund Development Committee Mtg., TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>16</b>  10 a.m. Catholic Communion Service, AVR  <b>10 a.m. Depart: Grocery Shopping</b>  <b>1 p.m. Depart: Lunch Bunch, Redmond</b>  2:30 p.m. Hand &amp; Foot Canasta, TAH  3 p.m. Education for Enjoyment, SAM &amp; AVR  7:30 p.m. January Birthday Celebration, EMR♦</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>17</b>  2 p.m. Mexican Train &amp; Easy Cards, Easy Games, CAS</p>
<p>8:15 a.m. Fitness Trifecta, TV <b>18</b>  11 a.m. Livestream BelPres Worship, SAM/AVR &amp; FV AR  <b>12:15 p.m. Depart: Ballard Elks Club, Ballard</b>  4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>19</b>  9 a.m. Monday Painters, CAS  <b>9:30 a.m. Depart: Snoqualmie Casino, Snoqualmie</b>  <b>10 a.m. Depart: Grocery Shopping</b>  10:30 a.m. Virtual Reality Experience, SAM  1 p.m. Women's Caregiver Connect, SAM  <b>1 p.m. Spring Play Auditions, AVR</b>  <b>1 p.m. The Life and Music of George Gershwin, EMR</b>  <b>1:30 p.m. Depart: Pickleball, Redmond</b>  6 p.m. Spring Play Auditions, EMR  6:30 p.m. Duplicate Bridge, AVR  6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>20</b>  10 a.m. Dining Services Orientation, C&amp;H  <b>1 p.m. Explorations in Philosophy, EMR</b>  1 pm. Craft &amp; Connect, CAS  1:30 p.m. Readers' Theatre Group, TAH  3:30 p.m. Silver Singers Rehearsal, AL GR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>21</b>  10 a.m. Residents' Association Orientation, TAH  10:30 a.m. Communications Committee, AVR  <b>11 a.m. Your Clothing Solutions, EMR</b>  11:30 a.m. Community Prayer, Chapel  1 p.m. Mahjong, TAH  1:30 p.m. Parkinson's Support, SAM  <b>2 p.m. Depart: Costco Shopping, Redmond</b>  2 p.m. Cribbage, Atrium P3  3:30 p.m. Folk Dance for Everyone, FS  6:30 p.m. Shanghai Rummy, AVR  7 p.m. Pinochle, TAH  <b>7 p.m. Forest Stewards Presentation, EMR</b></p>	<p>8:15 a.m. Fitness Trifecta, TV <b>22</b>  10:30 a.m. Bible Study, SAM  1 p.m. Tech Help, LR  1 p.m. Knitwits, Atrium E  2 p.m. Ukulele Chorus, AL GR  3 p.m. Table Talks, EMR  6:30 p.m. Texas Hold'em Poker, CAS</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>23</b>  10 a.m. Depart: Grocery Shopping  10 a.m. Catholic Mass, AVR  <b>10:15 a.m. Depart: Northwest African American Museum, Seattle</b>  11 a.m. Episcopal Service, Chapel  <b>1 p.m. Depart: Totem Lake Shopping, Totem Lake</b>  2:30 p.m. Hand &amp; Foot Canasta, TAH  3 p.m. Education for Enjoyment, SAM &amp; AVR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>24</b>  2 p.m. Mexican Train &amp; Easy Cards, Easy Games, CAS  6:45 p.m. Movie, TV</p>
<p>8:15 a.m. Fitness Trifecta, TV <b>25</b>  11 a.m. Livestream BelPres Worship, SAM/AVR &amp; FV AR  4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>26</b>  9 a.m. Monday Painters, CAS  10 a.m. Thrift Shop Collection, TAH  <b>10 a.m. Depart: Grocery Shopping</b>  <b>1:30 p.m. Depart: Pickleball, Redmond</b>  2 p.m. DEI Committee Mtg., AVR  6:30 p.m. Duplicate Bridge, AVR  6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>27</b>  10 a.m. Marketing Orientation, TAH  10:30 a.m. Health and Wellness Committee, AVR  1 p.m. Film for Thought, EMR  1 pm. Craft &amp; Connect, CAS  2 p.m. AI Interest Group, SAM  3:30 p.m. Silver Singers Rehearsal, AL GR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>28</b>  9:30 a.m. Writing Class A, AVR  10 a.m. Accounting Orientation, TAH  10 a.m. Men's Caregiver Connect, SAM  11 a.m. Writing Class B, AVR  11:30 a.m. Community Prayer, Chapel  1 p.m. Mahjong, TAH  2 p.m. Cribbage, Atrium P3  <b>2 p.m. Shelly Glennon Grief Education, EMR</b>  3 p.m. Voices for Vision, AVR  3:30 p.m. Folk Dance for Everyone, FS  <b>6:30 p.m. Depart: Village Theatre, Issaquah</b>  6:30 p.m. Shanghai Rummy, AVR  7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>29</b>  10:30 a.m. Bible Study, SAM  1 p.m. Tech Help, LR  <b>1 p.m. Turning Page Book Club, TAH</b>  <b>2 p.m. To Catch a Phish: Phishing Presentation and Workshop, EMR</b></p>	<p>8:15 a.m. Fitness Trifecta, TV <b>30</b>  10 a.m. Catholic Communion Service, AVR  <b>10 a.m. Depart: Grocery Shopping</b>  <b>1 p.m. Lunch at a Local Pub, Redmond</b>  2:30 p.m. Hand &amp; Foot Canasta, TAH  3 p.m. Education for Enjoyment, SAM &amp; AVR  4:45 p.m. Social Hour: Last Friday of the Month, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>31</b>  2 p.m. Mexican Train &amp; Easy Cards, Easy Games, CAS</p>