

# 2026

(1) ◇ = Events shown in Emerald Room AND Channel 1981

(2) Fitness Trifecta {8:15 a.m. Total Body Fitness; 9 a.m. Posture and Balance; 10 a.m. Seated Zumba Gold}

(3) Bold indicates an off-Campus event or special notice. Underlined indicates notable event.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March

**EH Meeting Spaces and Room Key:**

EMR	Emerald Room
AVR	Avondale Room
SAM	Sammamish Room
PAV	Pavilion (EMR+SAM+AVR)
CAS	Creative Arts Studio
TAH	Tahoma Room
BR	Board Room
LR	Living Room
FS	Fitness Studio
C&H	Copper & Hook
TV	Channel 1981 Exclusive
4F FR	4th Floor Furniture Room

**Corwin Center:**

AL GR	AL Game Room
AL TV	AL TV Room
AL L	AL Library/Lounge
GR	Great Room

**FirView:**

FV AR	FirView Activity Room
FV DR	FirView Dining Room

**Outdoor Spaces:**

PP	Pavilion Plaza
SQ	Sequoia Square
RR	Garden Railroad

TBD = Location To Be Determined.  
Check Portal, Daily Schedule, and Channel 1981 for most up-to-date event information

<p>8:15 a.m. Fitness Trifecta, TV <b>1</b> 11 a.m. Livestream BelPres Worship, SAM/AVR &amp; FV AR 4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>2</b> 9 a.m. Monday Painters, CAS <u>9:30 a.m. Intergenerational Activity, EMR</u> 10 a.m. Woodshop Meeting, Woodshop Annex <b>10 a.m. Depart: Grocery Shopping</b> 10:30 a.m. Corn Hole, AL GR <b>1:45 p.m. Depart: Pickleball, Redmond</b> 2 p.m. DEI Event Planning Mtg, AVR 6:30 p.m. Duplicate Bridge, AVR/SAM 6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>3</b> <u>12 p.m. Movie, TV</u> 1 p.m. Alzheimer's and Dementia Caregiver Support, SAM 1 p.m. Craft &amp; Connect, CAS 1 p.m. Explorations in Philosophy, EMR 3:30 p.m. Silver Singers Rehearsal, AL GR <u>7:30 p.m. Con Brio Treble Choir Performance, EMR</u></p>	<p>8:15 a.m. Fitness Trifecta, TV <b>4</b> 9:30 a.m. Writing Class A, AVR 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 11:30 a.m. Lunch &amp; Learn, FV DR 11:30 a.m. Fitness &amp; Sports Committee, TAH 1 p.m. Food Services Committee, Fireside Dining Room 1 p.m. Mahjong, TAH <u>1 p.m. Bingo: Oscars Themed, EMR</u> 2 p.m. Cribbage, Atrium P3 2 p.m. Memory Matters, AVR 3:30 p.m. Folk Dance for Everyone, FS 6:30 p.m. Shanghai Rummy, AVR 7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>5</b> 10:30 a.m. Evergreen Speech and Hearing, TAH 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 1 p.m. Furniture Sale: Preview, 4F FR 2:30 p.m. Ukulele Chorus, AL GR 2 p.m. Health Services Orientation, TAH 2:30 p.m. Residents' Council Study Session, BR <b>6:45 p.m. Depart: Cirque du Soleil, Redmond</b></p>	<p>8:15 a.m. Fitness Trifecta, TV <b>6</b> 9 a.m. Furniture Sale, 4F FR 10 a.m. Catholic Communion Service, AVR 10 a.m. Thrift Shop <b>10 a.m. Depart: Grocery Shopping</b> 1 p.m. Grant's Live Chat, EMR◇ 2:30 p.m. Hand &amp; Foot Canasta, TAH 3 p.m. Education for Enjoyment, SAM &amp; AVR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>7</b> 10 a.m. Furniture Sale: Half-Price &amp; Pickup, 4F FR 2 p.m. Mexican Train &amp; Easy Cards, Easy Games, CAS <u>2:30 p.m. Lion Dance Performance, PAV</u></p>
<p>8:15 a.m. Fitness Trifecta, TV <b>8</b> 11 a.m. Livestream BelPres Worship, SAM/AVR &amp; FV AR <b>1 p.m. Depart: Steel Magnolias, Monroe</b> 4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>9</b> 9 a.m. Monday Painters, CAS <b>10 a.m. Depart: Grocery Shopping</b> 10:30 a.m. Corn Hole, AL GR <b>10:30 a.m. Depart: Snoqualmie Casino, Snoqualmie Redmond</b> <u>2 p.m. Reader's Theatre Spring Play, PAV</u> 6:30 p.m. Duplicate Bridge, AVR/SAM 6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>10</b> 9 a.m. KCLS Library to Go, TAH 10 a.m. Sweety's Painting Class, CAS 10:30 a.m. Residents' Council Meeting, PAV 1 p.m. Craft &amp; Connect, CAS 2 p.m. Trips and Events Committee Mtg., SAM 3:30 p.m. Silver Singers Rehearsal, AL GR 4 p.m. E Social, Atrium E</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>11</b> 9:30 a.m. Writing Class A, AVR 10 a.m. Resident Services Orientation, TAH <u>10 a.m. Garden Railroad: Information Session, CAS</u> 11 a.m. Writing Class B, AVR 11:30 a.m. Community Prayer, Chapel 1 p.m. Mahjong, TAH 2 p.m. Cribbage, Atrium P3 <u>2 p.m. Academy Awards Nominee, EMR</u> <b>2 p.m. Depart: Costco Shopping, Redmond</b> 3:30 p.m. Folk Dance for Everyone, FS 6:30 p.m. Shanghai Rummy, SAM 7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>12</b> 10:30 a.m. Bible Study, SAM 1 p.m. Tech Help, LR 1 p.m. The Good Life Book Club, AVR 1:30 p.m. EH Quilters, CAS 2 p.m. Focus on Fitness, EMR 4 p.m. P3 Social, Atrium P3 6:30 p.m. Texas Hold'em Poker, CAS 6:45 p.m. Movie, TV 7 p.m. Jazz Appreciation Night, AVR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>13</b> <b>9:30 a.m. Depart: Quilt Show, Monroe</b> 10 a.m. Catholic Communion Service, AVR <u>10 a.m. DPOA Presentation, EMR</u> <b>10 a.m. Depart: Grocery Shopping</b> <b>1 p.m. Depart: Lunch Bunch, Bellevue</b> 2:30 p.m. Hand &amp; Foot Canasta, TAH 3 p.m. Education for Enjoyment, SAM &amp; AVR <u>7 p.m. Reader's Theatre Spring Play, PAV</u></p>	<p>8:15 a.m. Fitness Trifecta, TV <b>14</b> 2 p.m. Mexican Train &amp; Easy Cards, Easy Games, CAS</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:15 a.m. Fitness Trifecta, TV <b>15</b></p> <p>11 a.m. Livestream BelPres Worship, SAM/AVR &amp; FV AR</p> <p><b>12:15 p.m. Depart: Ballard's Elk Club, Ballard</b></p> <p>4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>16</b></p> <p>9 a.m. Monday Painters, CAS</p> <p>10 a.m. The Bonsai Group, SAM</p> <p><b>10 a.m. Depart: Grocery Shopping</b></p> <p>10:30 a.m. Corn Hole, AL GR</p> <p><u>1 p.m. Scottish Bagpiper, PAV</u></p> <p><b>1 p.m. Depart: Bellevue Square Shopping, Bellevue</b></p> <p>1 p.m. Women's Caregiver Connect, Chapel</p> <p><b>1:45 p.m. Depart: Pickleball, Redmond</b></p> <p><u>6 p.m. Tara Academy of Dance, PAV</u></p> <p>6:30 p.m. Duplicate Bridge, TAH</p> <p>6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>17</b></p> <p>12 p.m. Movie, TV</p> <p>10 a.m. Dining Services Orientation, C&amp;H</p> <p>1 p.m. Craft &amp; Connect, CAS</p> <p>1 p.m. Explorations in Philosophy, EMR</p> <p>1:30 p.m. Readers' Theatre Group, TAH</p> <p>3:30 p.m. Silver Singers Rehearsal, AL GR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>18</b></p> <p>9:30 a.m. Writing Class A, AVR</p> <p><u>10 a.m. Garden Railroad Seminar, CAS</u></p> <p>10 a.m. RA Orientation, TAH</p> <p>10:30 a.m. Friendly Neighbors, SAM</p> <p>11 a.m. Writing Class B, AVR</p> <p>11:30 a.m. Community Prayer, Chapel</p> <p>1 p.m. Mahjong, TAH</p> <p>1:30 p.m. Parkinson's Support, SAM</p> <p><b>2 p.m. Depart: PCC Shopping, Redmond</b></p> <p>2 p.m. Cribbage, Atrium P3</p> <p>2 p.m. Friendly Neighbors, SAM</p> <p>3 p.m. Karaoke Crooning, C&amp;H</p> <p>3:30 p.m. Folk Dance for Everyone, FS</p> <p>6:30 p.m. Shanghai Rummy, AVR</p> <p>7 p.m. Pinochle, TAH</p> <p><u>7 p.m. Spring Evening of Remembrance, EMR◇</u></p>	<p>8:15 a.m. Fitness Trifecta, TV <b>19</b></p> <p>9 a.m. Buildings &amp; Grounds Mtg., BR</p> <p>10:30 a.m. Bible Study, SAM</p> <p>1 p.m. Tech Help, LR</p> <p>2:30 p.m. Ukulele Chorus, AVR</p> <p><u>2 p.m. Academy Awards Nominee, EMR</u></p> <p>3 p.m. Fund Development Committee Mtg., TAH</p> <p><u>7 p.m. Kruse's Exploration of Antarctica by Kayak, EMR</u></p>	<p>8:15 a.m. Fitness Trifecta, TV <b>20</b></p> <p><b>10 a.m. Depart: Grocery Shopping</b></p> <p>10 a.m. Catholic Communion Service, AVR</p> <p>11 a.m. VR Experience, SAM</p> <p><b>1 p.m. Depart: Factoria/T&amp;T Supermarket Shopping Trip, Bellevue</b></p> <p><u>1 p.m. All About Me Mosaic, EMR</u></p> <p>2:30 p.m. Hand &amp; Foot Canasta, TAH</p> <p>3 p.m. Education for Enjoyment, SAM &amp; AVR</p> <p>7:30 p.m. March Birthday Celebration, EMR◇</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>21</b></p> <p>2 p.m. Mexican Train &amp; Easy Cards, Easy Games, CAS</p>
<p>8:15 a.m. Fitness Trifecta, TV <b>22</b></p> <p>11 a.m. Livestream BelPres Worship, SAM/AVR &amp; FV AR</p> <p>4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>23</b></p> <p>9 a.m. Monday Painters, CAS</p> <p><b>10 a.m. Depart: Grocery Shopping</b></p> <p>10:30 a.m. Corn Hole, AL GR</p> <p><u>1 p.m. Film, EMR</u></p> <p><b>1 p.m. Depart: Value Village Shopping, Woodinville</b></p> <p><b>1:45 p.m. Depart: Pickleball, Redmond</b></p> <p>2 p.m. DEI Committee Mtg., AVR</p> <p>6:30 p.m. Duplicate Bridge, AVR/SAM</p> <p>6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>24</b></p> <p>10 a.m. Marketing Orientation, TAH</p> <p>10:30 a.m. Health and Wellness Committee, AVR</p> <p><u>11 a.m. Darlene's Artistic Haven, CAS</u></p> <p>1 p.m. Craft &amp; Connect, CAS</p> <p>1 p.m. AI Interest Group, AVR</p> <p>3:30 p.m. Silver Singers Rehearsal, AL GR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>25</b></p> <p>9:30 a.m. Writing Class A, AVR</p> <p>10 a.m. Accounting Orientation, TAH</p> <p>10 a.m. Men's Caregiver Connect, SAM</p> <p>11 a.m. Writing Class B, AVR</p> <p>11:30 a.m. Community Prayer, Chapel</p> <p>1 p.m. Mahjong, TAH</p> <p>2 p.m. Cribbage, Atrium P3</p> <p><u>2 p.m. The Gift of Friendship, EMR</u></p> <p><b>2 p.m. Depart: Costco Shopping, Redmond</b></p> <p><u>3 p.m. Voices for Vision Speaker, AVR</u></p> <p>3:30 p.m. Folk Dance for Everyone, FS</p> <p>6:30 p.m. Shanghai Rummy, AVR</p> <p>7 p.m. Pinochle, TAH</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>26</b></p> <p>10:30 a.m. Bible Study, SAM</p> <p>1 p.m. Tech Help, LR</p> <p>1 p.m. Knitwits, Atrium E</p> <p><b>1 p.m. Depart: Silverkite Intergenerational Activity Pt. 2, Redmond</b></p> <p>3 p.m. Table Talks, EMR</p> <p>6:30 p.m. Texas Hold'em Poker, CAS</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>27</b></p> <p>10 a.m. Catholic Mass, AVR</p> <p><b>10 a.m. Depart: Grocery Shopping</b></p> <p>11 a.m. Episcopal Service, Chapel</p> <p><b>1 p.m. Lunch at a Local Pub, Redmond</b></p> <p>2:30 p.m. Hand &amp; Foot Canasta, TAH</p> <p>3 p.m. Education for Enjoyment, SAM &amp; AVR</p> <p>4:45 p.m. Social Hour: Last Friday of the Month, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>28</b></p> <p>2 p.m. Mexican Train &amp; Easy Cards, Easy Games, CAS</p> <p><b>5:15 p.m. Depart: Ballet of Lights, Renton</b></p> <p>6:45 p.m. Movie, TV</p>
<p>8:15 a.m. Fitness Trifecta, TV <b>29</b></p> <p>11 a.m. Livestream BelPres Worship, SAM/AVR &amp; FV AR</p> <p><b>1:15 p.m. Depart: Washington Wind Symphony, Redmond High School</b></p> <p>4 p.m. Worship with Chaplain Waltner, EMR</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>30</b></p> <p>9 a.m. Monday Painters, CAS</p> <p>10 a.m. Thrift Shop Collection, TAH</p> <p>10:30 a.m. Corn Hole, AL GR</p> <p><b>1:45 p.m. Depart: Pickleball, Redmond</b></p> <p>2 p.m. DEI Event Planning Mtg, AVR</p> <p>6:30 p.m. Duplicate Bridge, AVR/SAM</p> <p>6:45 p.m. Great Courses, TV</p>	<p>8:15 a.m. Fitness Trifecta, TV <b>31</b></p> <p>1 p.m. Film for Thought, EMR</p> <p>1 p.m. Craft &amp; Connect, CAS</p> <p>3:30 p.m. Silver Singers Rehearsal, AL GR</p>				